

WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

September 2008



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WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY



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Often autumn brings a shift from lazy leisurely pursuits to new focuses and concerted efforts. School starts, routines are renewed, targets are set.

You will find that in this month's Worth Valley Mag we have a number of skill enhancing opportunities from which to choose. Why not, for example, gather a group of like minded friends & hire a private Spanish tutor? Or head down to the local church hall for a lesson in Line Dancing? (pages 4-5) If you fancy a bit of musical fun and stimulation with your pre-school child, book yourselves on a kindermusik course. (p.24)

If retail therapy is more your thing, we have three talented local traders who will help you hone your aptitude in the latest autumnal fashion trends. (Look out for Nikki Carroll, Helen Rowell, and Abbie Tillotson.) You will find everything you need to look your best in the new season right here under your nose.

Don't forget, The Haworth Arts & Music Festival runs from Sept 4th-7th. Fingers crossed, the sun will shine for once! Be sure to view the comprehensive list of events on www.haworthartsgroup.co.uk.

All the best,

Karen & Liz



Karen Davidson



Liz Barker

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Keighley "Just Ride" CyKle Club began in October 2006 and has been going from strength to strength since then, with over 130 member riders. It has recently achieved **Go Ride** status from British Cycling; this position is awarded to clubs who have achieved set standards for junior members.

The club runs 2 sessions every Saturday morning from either 9:30am to 10:30am or from 10:30am to 11:30am at its home at Worth Valley Primary School. This venue allows us the use of 4 safe training areas and our own off-road track with skills section to put your new skills into practice.



The club is aimed at the whole community and welcomes riders of all ages and abilities from children wanting to get off stabilisers to adults wanting to improve their fitness or get back into the saddle after time off or to enable them to go for family rides.

Along with the sessions at the school, which look at all the skills needed to



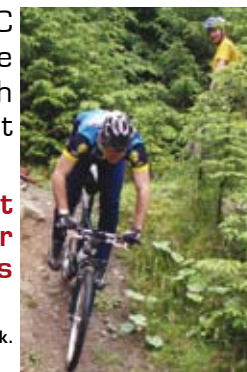
enjoy cycling to any level, KJRCC also arranges monthly rides to local off road venues to help improve peoples abilities and confidence on the bike. In addition to these monthly rides, KJRCC also arranges short **Family Rides**, which take place at flat safe areas and **Improver Rides** for older & more able juniors. These rides are over a greater distance and more technical terrain.

Within the near future the club will also be able to offer courses for on road cycling safety and more technical off road riding.

If you do not have access to a bike or helmet, KJRCC has a large selection which can be used at the sessions.

And just to tempt you further, your first session is always free!

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Say you saw it in the Worth Valley Mag!

CHANGING SEASONS



Helen Rowell of Passion (the fashion jewellery shop) and Nikki Carroll of Firth's (ladies fine fashions) are no strangers to collaboration; this month they give us their take on Autumn/Winter 2008 trends. September 30th Nikki hosts Firth's Fashion Show to benefit Marie Curie Cancer Care. Helen is all too pleased to support Nikki in her efforts and will provide accessories for the event. (Tickets are available at Firth's, Main St. Haworth)

NIKKI CARROLL
OF FIRTH'S AND
HELEN ROWELL OF
PASSION EASE IN
TO AUTUMN WITH
A COLLABORATIVE
SPIRIT IN HAWORTH

season! Designers have created show stopping animal magic; not only on jersey dressing but also on striking georgette tunics, dresses and tempting separates.

A legacy to a perfect winter wardrobe has got to be layers, layers. In our current climate, where the temperature changes rapidly, layering

enables us to adapt easily. Some of the fashionable winter woollies this season are made from a mix of mohair and merino wool and are extremely fine. Fine layers are the key as this enables us to flatteringly layer and allows us the opportunity to mix vibrant colours together. Think of orange and brown with a hint of purple or alternatively turquoise, winter white and grey. Fire up your wardrobe with poppy red teamed with winter white and black, a colour combination that speaks for itself year after year. A knee length cardigan is a must have in your wardrobe and will take you right through autumn and effortlessly into winter. For a daringly different look have a chunky belt of a vibrant colour around the waist of your cardigan and you have a transformation.

Wrapping up warm has never looked so good!

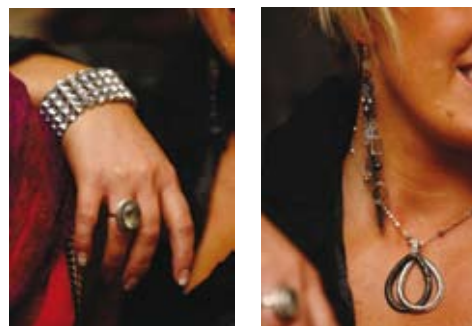
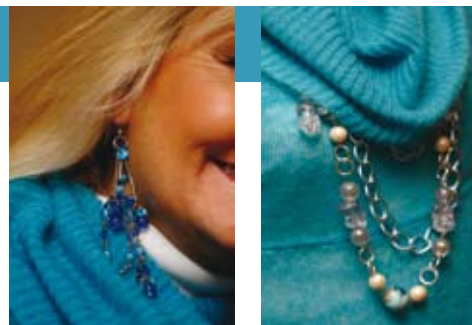
Nikki Carroll (Firth's)

September brings us the exciting start of the Autumn/Winter 2008 fashion collections. It's a time when I reflect on the inspirational fashion exhibitions back in February, showcasing the latest fashion statements for this coming season.

And here's what you have in store:

You can expect to see a harmonious burst of colour in a bold paint box of purple and kingfisher, 'the bright lights of winter' sitting alongside dove and black. Sharp tailoring combined with heritage chic will be used this season to create a contemporary twist to classic designs; expect to see a new look to the proportions of cute crop jackets that can be teamed with pencil shaped skirts or high waist trousers on gloriously textured tweed.

Animal prints will be everywhere this



Accessorising this coming season's fashion has never been more exciting or inspiring.

Why not add a daring twist to the conventional colour-coordinated jewellery by introducing this season's vibrant colours? A vivid blue or purple necklace added to a classic grey or black outfit would give it that voguish, contemporary look. And the time-honoured winter white and black ensemble looks stunning with red jewellery.

By changing your accessories you can totally alter the effect of your outfit and by adding this season's colours bring it right up-to-date.

But it doesn't just have to be jewellery that you can use to complement this Autumn and Winter collections. Envisage a bright turquoise brooch on a grey cardigan or a vivid red scarf worn with a black outfit. A purple handbag or umbrella carried when wearing a warm

orange outfit or a dramatic animal print belt on a simple brown dress. The variations are endless and you can be as adventurous as you like.

This coming season's other 'must-have' is the diverse Briel-style necklace that looks different every time you wear it. A striking snake-like necklace that you wrap around your neck to give a truly dynamic effect.

And, don't forget, there will also always be the occasion for some 'bling' this coming season!! When it comes to glitz - minimal is the key. Long dramatic earrings will add that 'je ne sais quoi' to any outfit. A sparkling bracelet or a simple necklace is all you need to add that hint of opulence.

And so, this coming Autumn and Winter, with fashion jewellery being so reasonably priced, we can all afford to experiment and create a totally new look every time we accessorise our outfits.

Looking good has never been such fun!!

Helen Rowell (Passion)



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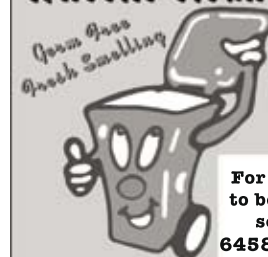
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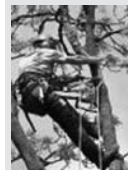
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WINED & DINED

BY CLAIRE SMITH

September and the hedgerows are dripping with fruit; a tangled mass of brambles heavy with dusky dew drenched

blackberries, ethereal drifts of gossamer winged seeds, sloes the colour of deep amethyst and hazelnuts still in their smooth green husks. Everything has become soft around the edges as the seasons begin to blur into misty mornings and sunset colours, and nature puts on a pyrotechnic show that outshines anything man-made. It is a time of ripening, celebration and harvest; a golden time. It is a time when the markets and green grocers are bristling with fresh produce. There are crates of plums, their colours encapsulating the very spirit of autumn, from the yellow-green of the greengage, the yellow-scarlet of the Victoria, the orange-red of the Mirabelle through to the deep purple of the Czar – all sweet, fragrant and juicy, though the purple skinned slightly less so than the golden and red skinned varieties. There are the last of the seasons strawberries and punnets of plump, juicy raspberries, mouth wateringly firm and sharp (It is said that the raspberry owes its origin to the nymph Ida, who pricked her finger whilst picking berries for the young Jupiter, thus turning the berries – which until then had been white – red); and then there are glistening mountains of blackberries for blackberry and apple crumbles and blackberry jams and jellies, September is also a time when pears are at their best. Both the Williams

and Comice are aromatic and meltingly sweet and juicy when ripe. Use pears in salads and meat dishes (pears go very well with duck), tarts and sponges (submerging them in rich dark chocolate is always a good idea in my book), or poach them in a good quality red wine and serve with pannacotta to create a light but wonderfully aromatic dessert. The combination of wine infused fruit and the sexy smoothness of the pannacotta is impossible to resist.

The month of September is a transitory phase which marks the close of summer and the arrival of autumn; there are still hazy days to be enjoyed, garden lunches and barbecues that help to squeeze the last drops out of summer, but these go hand in hand with the arrival of early squashes and the first tiny pumpkins which speak of autumnal fireside suppers on chill evenings. Pasta, thin slices of herb scented roast pork in soft, floury bread, a risotto of chestnut mushrooms and parmesan (lovely, woody autumnal flavours) and plum crumbles eaten in front of the fire whilst the wind outside tosses dry leaves around the garden – these are the things that make letting go of summer and embracing the cooler months so much easier. In the words of Toad,

"The smell of buttered toast simply talked to Toad, and with no uncertain voice; talked of warm kitchens, of breakfasts on bright frosty mornings, of cosy parlour firesides on winter evenings, when ones ramble was over and slippers feet were propped on the fender"

Wind in the Willows – Kenneth Grahame.

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Can you identify the building or landmark indicated by the red cross in this photograph? (right)

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July/Aug winner was Ian Metcalfe from CrossRoads
The correct answer was Bronte Falls.

Google Earth ©

WEBSITE OF THE MONTH



A Government backed campaign recently revealed that we throw away a third of the food we buy in the UK – most of which could have been eaten. In other words, for every three bags of shopping we bring home, we effectively put one straight in the bin. The 'Love Food Hate Waste' website has been created to raise awareness of the issue with consumers and provide information on what simple steps can be taken to combat the problem. With food prices going through the roof this site suggests how you can clean out your fridge and save money at the same time with some great recipes and tips on keeping food fresh. www.lovefoodhatewaste.com/

SUDOKU

6		7		8		2		9
			4	1				
3				2				1
	3		8	6		2		
8		6				1		7
	9		3	7		5		
2				6				8
			1	5				
4		3		9		7		5

Fill in the blank squares so that each row, each column and each 3-by-3 block contain all of the digits 1 thru 9.

If you use logic you can solve the puzzle without guesswork.

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ODD BIRD OUT

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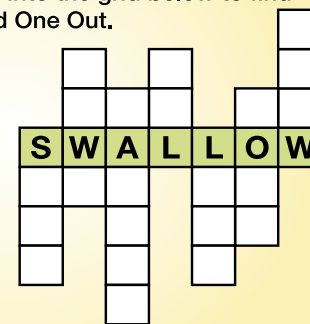
DOVE

HAWK

OWL

SWAN

EAGLE



DROP A LETTER

Remove a letter from each of these 7 words to spell the names of 7 creatures.

- 1) BEEN
- 2) HEEL
- 3) CAST
- 4) WANT
- 5) BATH
- 6) BOWL
- 7) DONG

L	E	B	E	E
O	E	D	O	G
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FIND THE 7 CREATURES' NAMES IN THE GRID. THE 4 REMAINING LETTERS WILL SPELL THE NAME OF A COLOUR. WHAT IS IT?

HIDDEN COLOUR _ _ _ _



WORD GAMES

KEN V. DOOTHEN

P1005

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Answer: Odd Bird Out EAGLE
7 Creatures 1) BEE 2) EEL 3) CAT 4) ANT 5) BAT 6) OWL 7) DOG.
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STEPPING INTO AUTUMN / WINTER

BY ABBIE TILLOTSON

Abbie Tillotson from The Clothes Shop, Haworth, gives us a run down on women's fashions for the new season.

We all know that the mellow light and longer autumn nights affect our behaviour. The smell of garden fires, comfort food and clothes that can be snuggled up in come to mind. However, climate change is becoming an increasing issue for us all and this includes the fashion industry as a whole. Not only are we now looking at the way our clothes are produced but also the type of fabric that is used.

Increasingly consumers are asking for clothes that are produced out of natural fabrics such as wool, cotton and silk and that they should be easy to look after. These are now produced in beautiful glowing autumn colours and warm shades of red, orange and yellow are going to be fashionable this autumn and winter. Alongside these is a beautiful bright turquoise mixed with deeper blues and shades of grey. All of these colours can be contrasted with the ever-popular black.

We want to have versatile clothing, in order to be warm when outside, but not pass out from the heat, when in a centrally heated building. In the past, that sensible winter coat was bought at this time of year along with the woolly jumpers and thicker skirts or trousers. As the

winters have become milder with the odd cold snap, our attitudes to winter clothing have been steadily changing. This year there is going to be considerable emphasis on the layered look, which is both fashionable and practical.

Layering can be elegant and by dint of taking off or putting on a layer one never feels too hot or cold. The secret is simple, work with the fabric. Lines should be soft and flowing. Fabrics can be contrasting in texture but should work together.

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Colour can be used subtly with different shades of the same colour working together, lifting interest and the tone of an outfit. This season there is increasing use of blocks of colour that

brighten the autumn hues. We are not all brave enough to wear bright clashing colours but that splash of scarlet or vibrant emerald green really does lift deeper shades like grey. Of course the most important thing of all is to really enjoy choosing that autumn outfit and anticipate the fun of wearing it with friends and family.



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Haworth Pet Supplies 01535-647581

If you are a regular walker at Pennistone Hill then you will probably know Trisha Smith, the recent founder of Haworth Pet Supplies. Together with her partner Philip, they exercise their Border Terriers Albert & Brodie and six month old Saluki, Wilson, on Haworth Moor.

It was Trisha's passion for animals that spurred her on to start the new business in Haworth. She has bags of experience in animal husbandry from hamsters to horses. Trisha used to breed working dogs and was also a trainer and judge at Kelrose Dog Training Society for many years. Trisha explained. "There isn't any other shop in Haworth that is specifically focused on Pets. Not only do we offer an extensive range of food and accessories for all pets, but we are here to offer help and advice when needed. I am qualified to give nutritional advice for pets as well as tips for behavioral problems."

Haworth Pet Supplies are committed to animal welfare and work in conjunction with other professionals. If you need to contact obedience trainers, behaviorists, breeders, dog walkers, groomers or rescue centres then give Trisha a call or visit the shop for a chat.

Haworth Pet Supplies is strategically located in a convenient location off Mill Hey and across the street from Gatehouse Veterinary Group. There is also free parking adjacent to the shop.

Popular pet foods like Hills Science Plan, James Wellbeloved, Royal Canin, Purina, Dr. John, CobbyDog, Felix, Nature Diet, & many more are readily available at discounted prices as well as the loose-weigh-out food for all pets, plus chickens, pigeons, and wild birds.

Other items for sale include toys, beds, leads, collars, waterproof coats, crates, hutches, kennels, health care products,



Trisha Smith with Border Terriers Albert & Brodie and Saluki, Wilson.

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7:30 pm Reception &
Refreshments To kick
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come and join us for a welcoming glass of wine and a preview show from The Haley Sisters. Bronte School Room, and then at 8:15 it's the **Bellringer's Projection**; An evening performance by the Haworth guild of Bellringers. They will be ringing the Court Appeal and the show will involve a live projection of the bellringing being broadcast inside the church. St Michael's Parish Church

Fri 5th Sept 10:00 pm Taffy Thomas **Spooky Storytelling** against the backdrop of the church graveyard. St Michael's Haworth, Graveyard £4

Sat 6th Sept 10:00 am Art Workshops for Adults. teaching watercolour painting skills plus another TBC class. Cups of tea will be provided. Community Centre £FREE

Sat 6th Sept Keighley Show, Marley Showground. www.keighleyshow.co.uk or contact Mrs Inez Spencer 01535 645074

Sun 7th Sept Parkour Performance
2pm An exciting combination of athleticism, imaginative and spontaneous interaction with the built environment.



COMMUNITY PAGES

An event not to be missed! Haworth Main Street £FREE followed at 3:00pm **Parkour Youth Workshop** After taking in the display on Main Street, why not have a go at learning some basic moves yourself? Haworth Community Centre £5
Wed 10th Sept Little Tykes Playgroup (starting date) Babies - 4yrs, Every Wed 9-11:30am, Stanbury Village Church (St. Gabriel's & All Angels). £2 walkers, £1 non-walkers (includes refreshments & activities) All Welcome!

Sun 14th Sept 10.30am Harvest Festival at West Lane Methodist Church (opposite the Old Sun) led by Amy Waters, a lively and talented young preacher. Everyone welcome at the service in the chapel at the rear of the building.

Sun 14th Sept KWVR Sunday Luncheon Train. Enjoy a traditional roast luncheon on board a fabulous 1950's restaurant car as you glide through Bronte Country on board a train hauled by a classic steam locomotive. Places cost £36 adults & £21

children. Info: 01535 645214
Sun 21st Sept. The Bronte Big K Mountain Bike Challenge in aid of Manorlands. Challenge yourself with our superb 31 mile multi-terrain mountain bike challenge or our family fun ride of 11 miles, both start at the Bay Horse, Oxenhope. For more details and an entry form go to www.sportkeighley.com or contact Andrew Wood on 01535 640430 or email andrew.wood@suerydercare.org

Sat 27th Sept Walk for Manorlands. Starting at Harden Cricket Club, from 9:00am. A choice of three routes, 5 miles, 10 miles and 16 miles. Entry is free but donations and sponsorship would be greatly appreciated with all proceeds going to Sue Ryder Care- Manorlands Hospice. Drinks and light refreshments are provided at the finish. For entry forms and further info, please contact Peter Bashforth on 01535 273271 or email peter@bashforth.wanadoo.co.uk

Sun 28th Sept Zone In (A new style of church) All ages welcome. Come and take a look, join in the activities or try the tasty coffee and cakes at the Fresh Ground Cafe. Every 4th Sunday of the Month. 10:45 - 11:45am Christ Church, Oakworth.
Tues 30th Sept Firth's Fashion Show in aid of Marie Curie Cancer Care. 2pm and 7pm with champagne reception at the Bronte School Room, Haworth Parish Church. Tickets £10, available at Firth's (Main St. Haworth)

Every Thursday 9.15am Walking for Health group meets at Methodist Church, Dellside Fold, Cullingworth (opposite Co-op), for a 2-3 mile walk at a steady pace. Large car park. Refreshments afterwards. Sorry, no dogs. Contact Peter Rye 01535-642136, or just come along.

Local OAP Day Care Centres. Feeling lonely? Fed up of looking at your own four walls? There are a few spare places at Lees, Oxenhope and Haworth Day Care Centres. Be picked up to and from home and enjoy a hot two course meal with entertainment all included. Please ring Wendy for more details 01535 272657.

Every Tuesday 7:45pm Worth Valley YFC currently recruiting new members aged 10 to 26 yrs, meetings in September include Keighley Show set up, sports night, wii night, public speaking, For more information go to www.worthvalley.org or ring Andrew Feather on 07900074376.



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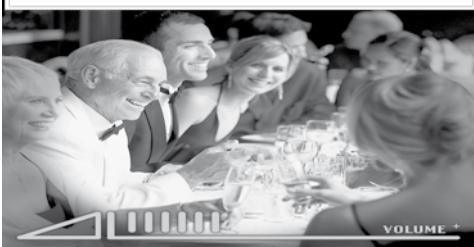
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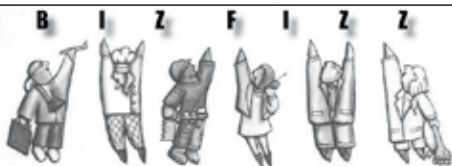
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Situated in a historic 17th century building at the top of Haworth's famous cobbled Main Street, the Apothecary Guesthouse is currently celebrating 20 years of providing comfortable, affordable accommodation and friendly service to visitors from around the world.

One of the keys to the Apothecary's success is, of course, its superb location. Directly opposite the Bronte church and the old parsonage (now the Bronte Museum) where the literary sisters grew up and where Emily died at the age of 30, and set amongst a cluster of ancient pubs in which Branwell caroused, it's at the very heart of the Brontes' Haworth.

From here, it's also an easy walk up to the moors so beloved of the Bronte sisters, where you can pick up the trail to the ruined farmhouse said to be the inspiration for Wuthering Heights. Or, for a very different experience, walk down Main Street to the Worth Valley Steam Train, which chugs along to picturesque villages such as Oakworth, whose station was the main backdrop for

the movie of The Railway Children.

But location doesn't explain everything behind the Apothecary's 20 years in

business. It was established by the Sisley family, whose relaxed informality brings a personal touch to any stay in Haworth. Alongside this, the family's commitment to quality has also meant that the Apothecary has always striven to develop and improve its facilities over the years.

The rooms, with spectacular views of the Worth Valley to the rear and atmospheric Main Street at the front, are all with en suite bathrooms and have colour TV with Freeview and tea and coffee making facilities. Free overnight parking is available on the forecourt and the breakfast, taken in the Apothecary's delightful adjacent tearoom, is fit for a king and the perfect start to a day's walk on the moors.

The Sisleys are hardly resting on their laurels, however. Every room has recently been renovated while a small gym and three-person sauna has been added – like its

guests, it seems, the Apothecary is shaping up nicely for the next 20 years.





Fiona Gilson



Haworth born and bred, and owner of recently opened Hair and Beauty Salon, Elixir White, Fiona Gillson has much to be proud of. Fiona's aim in opening her own salon was to provide for her customers something that little bit special and out-of-the-ordinary. To Fiona this means giving her customers no less than what she would want for herself – luxury; pampering; undivided attention and expertise.

So many times Fiona has left a salon herself feeling disappointed both with the process and the end result. This has formed her commitment to giving that little bit extra. "If you give a high standard consultation, paying attention to skin tone, eye colour, facial shape and listen properly to the customer's wishes then the end product will be good. It's important to explain what you're doing; why you're doing it and what will work." Her days as an After Sales Rep with Vaultswagon taught Fiona that customer care is essential – a lesson she's valued ever since. Fiona knows the importance of making the customer feel happy and confident, and sees her job as so much more than just cutting hair in a conveyor belt manner. She must be getting it right because she has a lady who travels all the way from Cardiff for her hair doing and one who even flies over from Dublin, both having followed her through various different salons!

Also crucial to Fiona and the team at Elixir White is that every customer receives a little luxury, even down to the hot chocolate and buns! For many customers their time at Elixir White is precious "me time" when they've perhaps got away from the kids for a while and appreciate a relaxed and enjoyable experience. This is reflected too in the contemporary décor and the unflustered ambience of the Salon.

The team at Elixir White are constantly improving their skills. Fiona obtained a Colour Degree at L'Oreal Training Academy, Manchester, and is one of only 35 in the country to have this qualification. She was trained by Tony and Guy and has many years experience as a Senior Stylist at Harvey Nichols, Leeds.

Also trained to the same level is Artistic Director, Sammy McGee. Sammy undertook her training at L'Oreal Training Academy, London, and also has 5 years training and experience at Tony and Guy. "I love hair! I have worked in the fashion industry creating amazing styles for catwalk models; but the most rewarding hairdressing for me is transforming someone who simply walks in through the door".

Completing the team is Beauty Manager, Linzi Williamson. Advanced Therapist & Dermalogica qualified with distinction, Linzi has worked at some of the most prestigious salons in West Yorkshire. "Knowing you are in the hands of a professional, someone you can trust and someone who honestly cares, for me is absolutely critical." A wide range of beauty treatments and products are available including a variety of Dermalogica skin specific facials, wraps, Microdermabrasion, make-up, Aromatherapy massage, waxing, tints and nails, collagenics. The salon is approved as an anti aging clinic.

In every way Fiona and the team stand out as being a little bit different. Different in their approach; different in their attention to detail; and different in the end product. You know this as soon as you walk into the Salon. Why not make the 5 mile scenic drive over the hill from Oakworth to find out for yourself?

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