

WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

November 2008

DISTRIBUTED **FREE** TO OAKWORTH, OLDFIELD,
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Stanbury Village School, Main Street, Stanbury, BD22 0HA 01535 642270

The November Worth Valley Mag is bursting at the seams! We had several late bookings which caused me think various traders are making a big effort on the run up to Christmas despite the credit crunch. Alfe's special Christmas Party Offer closes soon so don't delay if you want to secure your free bottles of wine or a 10% discount! (p.39)

The Green Room and The Sugar Room are both hosting special events and will provide festive shopping and pampering opportunities.

We weren't able to fit all the community events in this month but you can view your village websites for more details. It looks like we will need to add more pages next month to accommodate all the happenings of the Worth Valley.



Liz Barker



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Say you saw it in the Worth Valley Mag!



James St. Claire of JSC Plumbing and Heating adds Corgi LPG Approved Certification and an Energy Efficiency badge to his list of qualifications.

"Now is the perfect time to book an annual LPG service for campers and caravans."

With eleven years experience under his belt, James St. Claire of JSC Plumbing and Heating isn't content to sit back and rest on his laurels. "There is always something new to learn or changes in regulations to be aware of; I am committed to staying on top of the latest schemes and quality standards," James affirmed. "One example is the government wants five million High Efficiency Condensing boilers to be installed by 2010. As these boilers can use up to 35% less gas, you can imagine the savings that could be made for both the environment and the nation's fuel bill if we can all meet this challenge."

As a UK installer James will have a vital role to play in making this objective a reality, and in order to help achieve this, he has gained a new accreditation in Energy Efficiency for Domestic Heating. Equipped with this knowledge, James can assess heating appliances (boilers, gas fires, etc.) and recommend energy efficient solutions to suit each application.

More recently James has qualified to repair, replace and service LPG appliances including those found in permanent dwellings, LAVs (Leisure Accommodation Vehicles) and Static Caravans or Residential Park Homes. With the Worth Valley being a popular holiday destination, JSC has plenty of

experience assessing rented properties and holiday lets for the purpose of Landlord Certificates. The new accreditation helps JSC provide an even wider range of services for both commercial and domestic customers.

James is a resident of Oakworth and is available for general plumbing and heating related call outs. **For help and advice from a trusted local professional call James at JSC. 01535 211787 (9am-5pm) mobile: 07832 374208**

Top Tips

- **Have your cooking and heating appliances, flues and chimneys serviced at least once a year by a suitably trained, reputable, registered engineer.**
- **Fit an audible carbon monoxide alarm that meets European Standard EN50291.**
- **Keep rooms well ventilated when using an appliance, and stop using an appliance if you think it may be giving off carbon monoxide gas.**
- **If you suffer from symptoms like food poisoning, viral infections, flu or simple fatigue and think they could be caused by carbon monoxide, see your doctor at once and say you suspect it might be carbon monoxide poisoning. It is better to be safe than sorry.**

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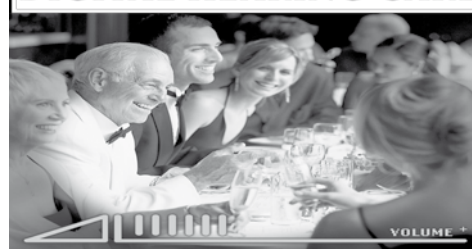
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Say you saw it in the Worth Valley Mag!



WINED & DINED

BY CLAIRE SMITH

I probably shouldn't encourage it; falling under a seductive spell of mellifluous sweetness is after all terribly

bad for you. Maybe I shouldn't mention honeycombed sweetmeats that melt on the tongue, or tantalisingly smooth chocolate, or the clouds of spun sugar that threaten to lead one astray; but we are only days away from the carnival atmosphere of bonfire night- crackling flames, roman candles and Catherine wheels; candy-floss, fudge and toffee apples; the scent of frying sausages and mounds of caramelised onions, potatoes baking slowly in the glowing embers of the fire, and pockets stuffed with sweet temptations.

When the air outside is cold and crisp, the sensation caused by the creamy embrace of a soft caramel pillow or the deep, crumbly butteriness of fudge is hard to resist. Though I find it difficult to decide just where my allegiance lies when it comes to choosing between the two, fudge definitely has the edge for me. Both are mouthwateringly creamy, but caramel can cause havoc if it gets wedged in your teeth, whereas a satisfying square of gloriously golden fudge melts slowly and sexily, possessing a crystalline fragility when in the mouth. It does need to be freshly made though; beware of fudge that is loaded with too many extras; if the sell by date says, "consume this century"; don't bother.

From the smooth sophistication and dreaminess of fudge and caramel (butterscotch and treacle toffees fall into the same category) one might naturally progress to the ethereal realms of honeycomb, or cinder toffee as it is otherwise known. The alchemy involved in the process of making honeycomb lends an air of mystery to this sweet volcanic eruption. Covered in milk chocolate it is even better; exploring its secret labyrinths through a veil of melting chocolate makes it the champagne experience of the toffee world; the fact that it is so quick and easy to make only adds to the allure.

November brings an abundance of crisp apples to be coated and enjoyed by children and adults alike, and nights when the air will be filled with the sweet scent of waffles, doughnuts and clouds of pink candyfloss, but if you wish to take the sweet element of your bonfire night celebrations to a new level of sophistication try making your own sweet treats and presenting them in pretty boxes or tins to pass around the bonfire; clusters of fruit and nuts embedded in chocolate, and honey and nut chocolate tuiles to accompany steaming mugs of hot chocolate; cubes of soft buttery fudge to serve with coffee, strips of white chocolate "bark", studded with apricots, macadamia nuts and raisins and bite size cubes of ginger cake and treacle sponge. Sweet morsels that help to release the inner child whilst fireworks pepper the skies with shimmering colour and dancing light.

B I Z F I Z Z




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You are invited to our Christmas Painting Party!
Thurs. Nov. 27th, (Café extended opening until 10pm)
(Get in a festive mood while enjoying an evening painting pottery and sipping mulled wine. Lots of gift ideas to choose from starting at £6; help will be on hand to assist you in creating the perfect presents for friends and loved ones. Also available: gift tokens, Christmas baubles, painting kits. You will find something to suit everyone on your list!)




Textile Landscape Class Sat. Nov. 29th
No experience necessary, simply the desire to be creative and a willingness to experiment; enjoy a full day with Textile artist and teacher Jill Saunders. Call the café for more details.



Taffy Thomas MBE Fri. Dec. 5th, 7pm
(Story Teller extraordinaire...Christmas Wassailing Stories and tales for all ages.)

Special Festive Evening Meal
Fri. Dec. 12th Gather friends, family, and colleagues to experience this festive 4 course meal in the atmospheric candlelit café. Pre booking is essential. Call for more details and look on the website for menu options.



Snake Davis & The Burden of Paradise
Fri. Dec. 19th 8pm
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The winner will be selected from all correct
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The October winner was Mike Hamer from Oxenhope.
The correct answer was Stanbury Cemetery.

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SUDOKU

			9	7	1			
	1	4				8	7	
4				9				3
7		2	4		3	9		8
5				8				2
	5	9				1	2	
			8	5	6			

Fill in the blank squares so that each
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If you use logic you can solve the puzzle
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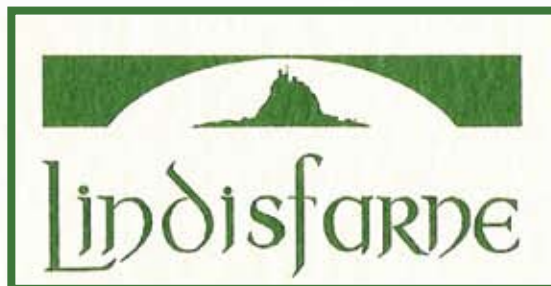
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Belle Isle Day Care Centre, located in what was originally Haworth's Cinema, opened in June 2007, continues to provide a stimulating facility for the community, encouraging and promoting healthy and independent living. Full day sessions allow individuals to benefit from all the centre has to offer. Phone today to arrange a visit and discuss your requirements.



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Keith's Driving School offers individualised lessons to suit every type of learner: For the teenager or young adult who is getting behind the wheel of a car for the very first time Keith's experience and expert approach will put everyone at ease. Lesson upon lesson Keith will help you gain skills and confidence in your driving ability. Honest and fair assessments will help you decide when you're ready for your test. Each lesson is fully dedicated to your driving needs and a log sheet is provided so that you can track your progress.

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Keith is currently offering a FREE starter pack* (Worth £25) to all beginners who block book 5 lessons at a cost of £95 (£19 per hour). If you prefer to Pay as You Go, the cost is £20 per hour. Block bookings of 10 lessons are £180 - taking 2 hours at a time. When you recommend a friend you can earn further discounts if they take lessons with Keith too. (All block bookings are payable in advance.)

Keith offers flexible pick up and drop off locations and he doesn't ask you to pick up the next student!

*Starter pack includes a copy of the Highway Code, an assortment of books and a CD-Rom to help you prepare for your Theory Test at home. Call to book today! **07940 918995**

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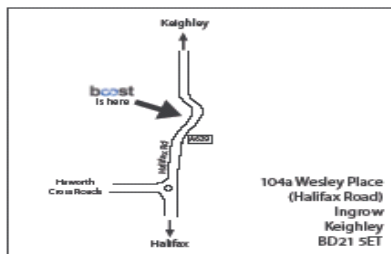
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MUSIC ON THE BRAIN

Karen Davidson, of *Kindermusik* examines claims that music gives babies the best start in life

It's only been since the 1990's that scientists have been able to study what happens to the brain when a person listens to or performs music.

Music causes increased activity in many parts of the brain, which assists development and growth in many key areas – and apparently the younger the exposure, the better.

Scientific studies have shown that music stimulates early development in those parts of the brain responsible for cognitive behaviours; reasoning; language; intellect; verbal abilities; motor functions and physical body movements, balance and co-ordination; emotional development; the processing of sound and visual information; social skills; creativity; and memory.

It's fascinating that research has found that infants are predisposed to aspects of music such as tone, melody and rhythm. Studies have shown that babies come into the world with musical preferences and begin to respond to music while still in the womb. At the age of 4 months, clashing notes at the end of a melody will cause them to squirm and turn away. If they like a tune, they will be comforted.

In infants "learning occurs through movement and quick emotional associations; by age 2 the brain has begun to fuse with the body via marching, dancing, and developing a sense of physical rhythm... The more music children are exposed to before they enter school, the more deeply this stage of neural coding will assist them throughout their lives," - Don Campbell.

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For further information contact KATY YILDIZ on 01535 643944

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Baby Class (newborn - 2yrs)

at Lees Methodist Church, Thursdays 2pm
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Call Karen Davidson 01535 642848
email: info@kindermusikwithkaren.co.uk
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Haworth Play Group

For children two to five years old West Lane Methodist Church, Mon, Tues, Wed and Thursday 9.30 to 11.30am

Parents drop off their children. contact Vanessa Henson 01535 644210 / 07594309883

Jungle Tots Toddler group for children and babies birth to five years old West Lane Methodist Church Friday mornings 9.30-11.30am Parents stay and play. Contact Vanessa Henson 01535 644210/07594309883

Every Thurs "Knit & Natter"

at Cobbles & Clay, Haworth. 1-3pm call for details 01535 644218.

Sat 1 November

Halloween Party in the Park. 4.30 to 7.30 at Holden Park Oakworth Decorated & illuminated Grottoes & Children's Fancy Dress. Andy Wade 213193

Wednesday 5th November

Worth Valley book group "The People of Privilege Hill" by Jane



Gardam. 7.30pm, The Old White Lion

Thurs 6th Nov 10.30am

Open House **FREE** Kindermusik taster session. West Lane Baptist Centre, Haworth. You're invited to bring your 2-4 yr old to try an informal sample class - songs; instruments; movement; actions; puppets; scarves; rhymes and lots more fun! Contact Karen Davidson for details 01535 642848 or visit www.kindermusikwithkaren.co.uk - or just turn up.

Thurs 6th November

Upper Worth Valley History Group Open archive 1pm - 3pm, Contact point, 28 Changeate, Haworth

Saturday 8th November Visually Impaired Christmas Shopping and Coffee Morning at the Lena Anderton Meeting Room, 31, Scott Street, Keighley. (Behind the Library) from 10.00 am to 1.00 pm. Please contact Keighley and District Association for the Blind for more information on 01535 602354.

Sun 9th November

Cello Masterclass Concert

with **Kim Mackrell** followed by a sparkling wine & paté reception. In aid of The Vital OrganFund. 6:30pm All Welcome. (free concert, donations gratefully received.)

Wed 12 November 2008

3.30pm Maggie O'Farrell in Conversation Bronte Parsonage Museum Novelist Maggie O'Farrell reads from and discusses her work, as well as the influence of the Brontës. Tickets £5.00 Information bookings 01535 640188 jenna.holmes@bronte.org.uk

Sat 15th November

11am - 2pm St James Church, Cross roads. autumn Fair and Refreshments

Mon 17th to Sat 22nd

November Haworth West Lane Baptist Amateur Operatic Society present Gilbert and Sullivan's "The Sorcerer" at the Chapel. 7.30 each evening with a matinee on Saturday afternoon at 2.15pm. Tickets Adults £8 and Children

£5. Over 60's £6 on Monday and Matinee. 01535 643425 or at Haworth T.I.C.

Sat 29th November Oldfield Primary School Xmas Fair. 11am Free admission. All welcome.

Sat 29th November

Haworth Band Concert, 2 pm to 4 pm at Keighley Shared Church. Admission is free. Tickets available in advance from Keighley and District Association for the Blind on 01535 602354

Sat 29th November

Guided Walk - "Magical Mystery Tour" A 6.5 circular walk. Packed lunch req. Meet Ken Bailey at 10.30am at the tourist info centre at the top of main street, Haworth. This walk calls at Oldfield Schools Christmas Fayre, where refreshments will be available at a small charge.

Sat 6th December

Lees Xmas Fayre. 10am - 1pm. adults 50p Child Free. All welcome

Sat 6th December

Stanbury Village Music Extravaganza with pie & pea supper.

7pm. Tickets £5, 648009

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Sticky Caramel Pecan Cakes

Ingredients:

- 175 g butter (do not substitute margarine)
- 55 g toasted pecans,
- 175 g plain flour
- 1 teaspoon baking powder
- 1/4 teaspoon salt
- 175 g light soft brown sugar
- 2 eggs
- 1 teaspoon vanilla extract
- Sifted icing sugar, for sprinkling (optional)
- Sliced bananas, to serve (optional)
- 1 bag soft chewy toffees
- small tub of single cream

Directions:

1. Preheat oven to 180°C/fan 160°C/Gas 4.
2. lay out paper cases on baking tray
3. Microwave butter, loosely covered, on HIGH 1-1 1/2 minutes or until melted, stirring after every 30-second interval; set aside to cool.
4. Toast pecans on a tray in the top of the oven for a few minutes until crisp. Allow to cool and



finely chop pecans

5. Add brown sugar, eggs and vanilla extract to melted butter; whisk until combined.

2. Add the rest of the ingredients and fold together until combined (do not over-mix).

Place one scoop of mixture into each well of prepared pan, dividing mixture evenly. Bake

18-22 minutes or until edges of cakes are golden brown.

Remove from oven; cool 5 minutes in pan. Carefully invert

cakes onto Stackable Cooling Rack; dust with sifted icing

sugar. For toffee sauce, simply melt the toffees and half of

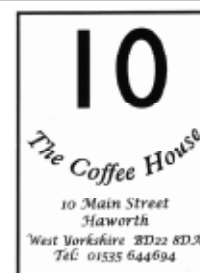
the cream together in the microwave on a medium high

heat, stirring every 30 seconds until creamy and melted.

Arrange five banana slices in a circle in centre of each serving plate, place 2 cakes on each and top with toffee sauce!

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Let us take the stress out of entertaining this season...
we have party options to suit all budgets and
culinary tastes.

Christmas Party Specials

Bountiful Buffets

3 Course Lunch Buffet: £7.95 per person
Mon-Fri 12-2pm, Sat & Sun 1-4pm (excludes dessert)

Early Bird Buffet: £8.95 per person (5-6pm)
(Tables must be vacated by 7pm)

Evening Buffet: £14.95 per person (from 7pm)
(Includes Aromatic Crispy Duck or Lamb)

Mention The Worth Valley Mag when
Confirming your booking **before Nov 8th**
and get a **free bottle of wine** with every
fourth person in your party or a **10% discount!**

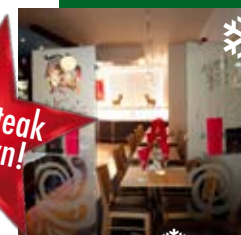
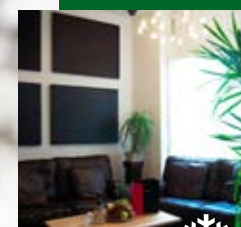
Visit our website (www.alfes.co.uk) to view our stunning
Christmas and New Year Menu. We have Thai, Chinese,
English, and vegetarian options available.

Or phone us and we will post out the menu to you.

59 Church Street, Keighley BD21 5HT

01535 613888
www.alfes.co.uk

Opening Hours: Tues-Fri 12midday-2pm / 5pm-11pm Sat&Sun 1pm-11pm
Open Mondays throughout December (usual hours apply)
Open Christmas Eve & Boxing Day 1pm-10pm



Special thanks to John Monroe who pointed out our incorrect Puzzle Cellar page from July/Aug. In fact more than two cows were the same!

To advertise call Liz or Janet on 01535 642227



Christmas Fair

November 13th & 14th, 10am-8pm
15th & 16th - 10am-5pm

Hampers and Gifts

For the person who has everything what can be better than some fabulous foods to nibble on during the festivities? We offer:

❄️ *Wicker Baskets and Faux Leather Boxes* filled with gourmet foods such as our best selling 'Red Hot Chilli Hamper'



❄️ A Range of gift boxes, jute bags and tins with award winning chutneys, jams, honeys, oils and wines.



❄️ Visit 'Hamper Heaven' on our second floor to select from our new ranges

Cheese Boards/Platters

Order in advance:

❄️ **Recommended Classic Selection:** Colston Bassett Stilton, Hawes Wensleydale, Brie de Meaux and Montgomery's Cheddar

❄️ **Other recommended selections to suit your needs**
- Vegetarian Choice, Goat/Sheeps Cheese

❄️ Build your own platter from our extensive range



Get your cheeses from the farm not the factory this year and taste the difference

Pre-order your cheese platter at our Christmas Fair to ensure that you get the cheeses you want for the festive season.

The Cheese Place 69 Main St. Haworth 01535 647959
www.thecheeseplace.co.uk