

# WORTH VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

February 2023



DELIVERED **FREE** TO OVER 7,000 HOUSEHOLDS IN OAKWORTH,  
OLDFIELD, STANBURY, HAWORTH, LEES, CROSS ROADS, HAINWORTH,  
OXENHOPE AND LEEMING.

[www.worthvalleymag.co.uk](http://www.worthvalleymag.co.uk)

# HILLARYS

Keighley

- ✓ Friendly in-home service
- ✓ Options for every budget
- ✓ Price includes measuring & fitting



"My local advisor helped me find a blind to fit my budget. The service was second to none".

Laura Jackson, customer

## YOUR LOCAL BLINDS, CURTAINS & SHUTTERS SPECIALIST

- I provide expert advice on the best window solutions
- Flexible appointment times
- Blinds & curtains tailor-made here in the UK
- Ask me about multi-blind discounts
- I won't be beaten on price\*
- Electric blinds available

ROLLERS | ROMANS | VERTICALS | VENETIANS | CURTAINS | SHUTTERS | WOODEN BLINDS

Call me for a free in-home appointment:

**Rob Clarke 07475143765**

\*Based on the same spec, size & levels of service.

# SKIPTON Health&Fitness

Fitness, Pilates & Yoga

- Local, independently run fitness studio
- Extensive range of group exercise classes
- From beginner options to intense workouts



At this time of year, you may be returning to your normal routines. Why not also take a little time for yourself to incorporate some health and fitness into your weekly schedule? This is where we can help!

[www.skiptonfitness.co.uk](http://www.skiptonfitness.co.uk)

hello@skiptonfitness.co.uk | Unit 6 Carleton Business Park Skipton BD23 2AA  
We have a range of payment options available, these include: pay as you go; class cards (10 for the price of 9) and membership.

To advertise call us on 01535 642227

## Keybury Fire and Security

Protect your home with a Keybury Security System

01535 661197 [keybury.co.uk](http://keybury.co.uk)

Units 4 & 5 Worth Enterprise Park Valley Road  
Keighley West Yorkshire BD21 4LN

CCTV | Intruder Alarms | Doorbell Cameras  
Access Control | Fire Alarms | Extinguishers

Book your free survey today

Accredited by: NSI, UKAS, BAFE, Business 2012, BSIA

Groundhog Day is a popular North American tradition observed in the United States and Canada on February 2. It derives from the Pennsylvania Dutch superstition that if a groundhog emerges from its burrow on this day and sees its shadow due to clear weather, it will retreat to its den, and winter will go on for six more weeks; if it does not see its shadow because of cloudiness, spring will arrive early.\* I wonder what Great British weather lore is the equivalent to Groundhog Day? I suppose, St. Swithin's Day for predicting the British summer? Whatever the weather brings this month we hope you will find plenty to see and do. Community Warm Spaces are popping up in the District to combat the cost of living crisis and to address post-COVID loneliness and social isolation. See more in our community pages. Have a lovely February.

\* Source:Wikipedia



Liz Barker, Editor

## Bingley Windows & Glass Co. Ltd.

Always great value, always great service!

..... Winter warmer event now on .....

Specialising in 'A' rated energy windows, doors, bi-folds & conservatories; all modern colours available and now introducing the flush sash range and box sash windows

Recommended installers for Solidor composite doors

Fully equipped in house glass shop with a quick turn around for double glazed units

All installations backed by Certass & accredited by TRUSTMARK scheme

Accurate free quotes generated promptly

Working alongside Cobbydale Construction Limited

TRUST MARK CERTASS

(01535) 958 183  
07966 906 782  
admin@bingleywindowsandglass.co.uk  
bingleywindowsandglass.co.uk

Unit 3E, Aireworth Mills  
Aireworth Road, Keighley, BD21 4DH  
(off Marley Roundabout)

Say you saw it in the Worth Valley Mag!

**DSM**  
Plumbing & Heating Engineers  
BATHROOMS • FIREPLACES • BOILERS • STOVES

**Bathrooms and Fireplaces**  
01535 663313  
www.dsmlumbingandheating.co.uk

• Boilers • Fireplaces • Gas • Heating • Plumbing

- Boiler Installations
- Radiators Including Cast Iron & Designer
- Boiler Repairs
- Bathrooms
- Central Heating Installations
- Fire & Fireplace Installations
- Landlord Gas Safety Checks
- General Plumbing Work
- Gas Servicing
- Emergency Call Outs

VISIT OUR SHOWROOM TODAY  
Open: Mon-Thurs 8-30pm-5pm  
• Fri-Sun 10am-2pm  
• Free Customer Car Park

Unit 19, The Crossings, Riparian Court, Riparian Way Cross Hills, BD20 7BW

**Guardian Security Installations**

CELEBRATING 20 YEARS

Totally **FREE** for us to quote  
Domestic or Industrial/Commercial

- Burglar Alarms
- Monitored Systems
- CCTV Systems
- Access Control
- APP Controlled
- Fire Alarms

Telephone: **01535 691256**  
73 South Street, Keighley BD21 1AD  
email: enquiries@gsilt.co.uk  
www.gsilt.co.uk

**Steel's of Addingham**  
Est. Since 1940

STILL FAMILY OWNED & OPERATED.  
TRAVEL SAFELY IN COMFORT AND STYLE  
WITH OUR MODERN FLEET OF COACHES.

**2023 TOURS**

Isle of Wight, Mystery weekends,  
Springtime Scotland, Aberavon,  
Ireland, Weymouth, Norfolk,  
Scottish Autumn Tints, Thursford,  
Christmas - Warwickshire

Local en-route pickups within 20 miles of Addingham  
**TEL: (01943) 830206 / 830720**  
www.steelscoaches.co.uk info@steelscoaches.co.uk

**Richard G. Wine**  
Dip FD, MBIE  
**Funeral Director**

Telephone: 01535 648967 (24 hours)  
E: richard@rgwine.co.uk W: www.rgwine.co.uk

60 Colne Road, Oakworth, Keighley  
West Yorkshire BD22 7PB

**ANDREW M ELLERSHAW**  
Your local Independent Funeral Director

Independent & family owned  
Private Chapel of Rest  
Serving all areas

Supporting the bereaved for 30 years

- Simple, traditional & modern Funerals
- Pre-paid Funeral Plans available through Golden Charter
- Memorial Masonry services

Call 01535 648542 or 01274 551555  
We are available anytime day or night

For more information visit our website at  
www.aefuneralservices.co.uk  
email: andrew@aefuneralservices.co.uk

Bingley Chapel of Rest, Church Street, Bingley BD16 2PU

**Lyndon M. Leeson**  
Funeral Director  
Serving the Worth Valley Since 1927

Day 01535 643233 Night

Private Room of Repose  
www.Lyndonmleeson.co.uk  
Email: lmlleesonfd@gmail.com  
The Old Stable, 51 Bridge St, Oakworth, Kly, BD22 7PX

**T-LEVELS** | Keighley College

Skilled futures start with T Levels.

80% classroom learning and 20% hands-on experience. T levels give you the skills and knowledge employers are looking for.

- Education and Childcare
- Healthcare Science
- Digital Production, Design and Development
- Management and Administration

Stay local, go further with T levels at Keighley College.  
Apply online at keighleycollege.ac.uk/t-levels

**MB ROOFING**  
and Building Services

Local & Reliable. Over 10 Years Experience.  
Full Roof Replacements, Small Roof Repairs  
Joinery, Soffits, Guttering, Sheds, Fencing  
All aspects of building, landscaping & stone work  
*Warranty Available (job dependent)*

Call Matthew Now & Get A Fast Free Quote  
Tel: 01535 608986 Mob: 07808 158588  
mbroofing625@gmail.com

**Broomhill Roofing**  
Rubber Membrane Flat Roof Systems  
New Pitched Roofs & Roof Repairs  
Fascias, Soffit & Guttering - Velux Roof Windows  
Free, no obligation survey & quotation  
Tel: 01535 628821 www.broomhillroofing.com  
Checkatrade.com  
Where reputation matters

**Steve Spencer**



**PLUMBER & GENERAL HANDYMAN**  
Tel: 01535 648468 07969 515636  
No job too small Based in the Worth Valley CRB checked  
✓Plumbing ✓Joinery ✓Tiling ✓Odd jobs

**NICHOLSON**  
Plumbing,  
Gas Central Heating  
& Repairs




Call Rye Bailey  
01535 523747 or  
07392 616 290

IT'S WORTH  
TALKING ABOUT

LOCAL PEER SUPPORT FOR  
MEN, WOMEN & TEENS

**LIFE IS TOUGH  
BUT YOU ARE NOT ALONE**

♂ ♀

www.itsworhtalkingabout.org  
#ItsWorthTalkingAbout

The aim of #ItsWorthTalkingAbout is to provide safe, confidential spaces for men, women & teens to come & talk about anything that is affecting their wellbeing, mental health or quality of life.

**HAWORTH WHOLEFOODS** *Purveyors of fine organic foods  
Carefully curated vegan products  
Always pro-health & pro-planet*

Instagram: @haworth\_wholefoods 123 Main Street, Haworth BD22 8DP

Barista coffees, handmade vegan & gluten free cakes & bakes, Hot Pennine Pasties  
Seasonal organic produce Sweet & savoury snacks  
Hand crafted soap Eco cleaning supplies & refills  
Vegan beauty products & gifts  
**01535 649217 We deliver too!**

**A. R. CARLING** Est. 1996  
**Plumbing & Heating Services**  
Haworth

With over 20 years experience

**REPAIRS \* SERVICING \* INSTALLATIONS**  
Central heating specialist \* Gas appliances  
Unvented systems \* Power flushing Landlords  
gas safety certificates  
All general plumbing & heating work

Tel: **01274 409789**  
**07900 941760**





**SPRINGHEAD**  
Independent Funeral Service - Keighley  
YOUR LOCAL CARING FUNERAL DIRECTOR  
*Easing your worry*

**Direct Cremation - £900.00 - No Service Funeral**  
Losing a loved one can be one of the most distressing times, we not only lend a sympathetic ear, but an affordable funeral service too.

**Low Fuss Funeral - £2250.00**

- The payment of a Cremation fee
- The payment of the Doctor's fees
- The payment of the Minister's / Celebrant's fees
- The conveyance of your loved one into our Chapel of Rest
- The provision of an oak effect coffin with handles
- The arranging and conducting of the funeral
- The provision of the hearse and necessary staff on the day of the funeral

**Bespoke Funeral - £2400.00**  
*All of the above plus*

- The viewing of your loved one at our traditional Chapel of Rest
- The leaving from a home address on the day of the funeral

**Inclusive Funeral - £2700.00**

- The payment of a Cremation fee
- The payment of the Doctor's fees
- The payment of the Minister's fees
- The conveyance of your loved one into our Chapel of Rest
- The provision of an oak effect coffin with handles
- The arranging and conducting of the funeral
- The provision of the hearse and necessary staff on the day of the funeral
- Obituary in the local newspaper
- Floral tribute to the value of £50
- One family limousine

Prices valid at time of publication but maybe subject to change

Pre-payment plans available with Golden Leaves Trust.

*Serving Keighley and surrounding areas*  
Affordable without compromising on care  
If we can help please call for an informal chat and advice.

**01274 640100**  
12-14 North Street, Keighley BD21 3SE

**From £895\***  
for a fully fitted electric garage door.

Gotta get a Garolla.

**WHAT'S INCLUDED WITH EVERY DOOR:**

- EXPERT MEASURING & FITTING
- 2 REMOTE CONTROLS
- ACOUSTIC & THERMAL INSULATION
- FREE DISPOSAL OF YOUR OLD DOOR
- AVAILABLE IN 21 COLOURS

Garolla garage doors are expertly made to measure in our own UK factories, they're strong and solidly built. The electric Garolla door rolls up vertically, taking up only 8 inches inside your garage, maximising valuable space.

Give us a call today and we'll come and measure up completely **FREE** of charge.

**GAROLLA**  
ROLLER SHUTTER DOORS

www.garolla.co.uk

CALL US TODAY ON:  
**01535 810 075**  
MOBILE:  
**07537 149 128**

LINES OPEN 7 DAYS A WEEK

\*Offer valid for openings up to 2.4m wide & including 2 remote controls, 55mm white slats, internal manual override

To advertise call us on 01535 642227

NO MORE TRAVELLING TO CLINICS SITTING IN WAITING ROOMS I WILL COME TO YOU.

TLN MOBILE MUSCULOSKELETAL THERAPIST, PHYSICAL INJURY AND REHABILITATION PRACTITIONER

**I CAN OFFER HELP AND ADVICE WITH:**

- Musculoskeletal assessment and treatment packages
  - Physical wear and tear
  - Pain management
- Sports massage
- Tailored injury prevention classes
- Injury rehabilitation/Prevention
- Sports taping

www.tlnmsk.co.uk

**f** Tom Linton Neal Musculoskeletal Therapy  
Email: tomlintonneal195@gmail.com  
Mobile: 07917 103 703

Bsc (Hons) Sports and Exercise Therapy. Registered and Insured with Society of Sports Therapists

**The Mobile Hearing Clinic Ltd.**

Friendly and personalised hearing care services from the comfort of your own home.

We provide a comprehensive service including:

- Ear Wax Removal
- Hearing Assessments
- Hearing Aids and Accessories

To book an appointment.  
Tel: 07511 665065/07799 274637  
E-mail: info@themobilehearingclinicltd.co.uk

Or for more information visit our website:  
www.themobilehearingclinicltd.co.uk

**We also offer our Ear Wax Removal and Hearing Clinic in Haworth on the Last Wednesday of each month.**

**Location: Upstairs at Pennybank at the top of Haworth Main Street, 2-4 West Lane, Haworth, BD22 8EF.**

**Ear Wax Removal - £60.00 (home visits £80.00)**

**Hearing Assessments - £60.00.**

**Bookings by appointment only.**

**BSHAA hcpc** health & care professions council

Say you saw it in the Worth Valley Mag!



## Sausage Pasta Sauce

This is a very economical dish that will make a pack of supermarket pork sausages feed a family of six well. I've adapted it from a River Café recipe that calls for spiced Italian sausages that are quite difficult to source. ~ Martin Lingard

### Ingredients (Serves 6)

- Oil
- 1 medium/ large onion, chopped
- 2 garlic cloves, crushed
- 1 pack of pork sausages, skinned
- 1 tsp Paprika
- 1 tsp fennel seeds
- 1 tsp Cumin
- 1 tsp Coriander
- 1 tsp dried oregano
- ½ tsp Chilli powder
- 2 bay leaves
- 1 tbsp chopped fresh rosemary (or 1 tsp dried)
- 2 x 400g tins of plum tomatoes
- Salt & pepper
- 300g penne pasta
- 150ml double cream
- 50g grated parmesan (plus extra to serve)

### Method

This is best cooked in a large sauté pan. Heat the oil and gently sauté the onion and garlic until soft and golden. Add the skinned sausage meat, turn up the heat and start to mash the sausage meat, adding all the herbs and spices as you go. This should take about 15 minutes, stirring frequently to prevent sticking. If it starts to stick to the bottom of your pan, lower the heat. Add the tinned tomatoes, stir well and cook slowly for a further 10 minutes. Season with salt and black pepper. Boil the penne pasta according to the pack instructions, drain and add to the sauce. Add the cream and parmesan, heat through and serve in warm bowls with extra parmesan and a green salad.

To advertise call us on 01535 642227

**LNJ ELECTRICAL**  
**ALL ELECTRICAL WORK CARRIED OUT**  
 (certified to BS7671)

**BOARD CHANGES**      **DATA**  
**SOCKETS & SWITCHES**      **CCTV**  
**CAR CHARGERS**      **ALARMS**

**DOMESTIC & COMMERCIAL**

**07881 488 442**

**IMI TechSafe**      **Earby Autos**

**THINKING OF WHERE TO HAVE YOUR HYBRID OR ELECTRIC VEHICLE SERVICED & REPAIRED?**

Come to Earby Autos Ltd and talk to one of our qualified EV and Hybrid experts where we can offer you our professional advice.

We also offer a wide range of motor vehicle services

Lane Ends Garage, Skipton Road, Earby BB18 6PX  
 Tel: 01282 843986  
 earbyautosltd@hotmail.co.uk • www.earbyautos.co.uk

*Phillipe's*

Curtains, Upholstery, Blinds,  
 Blind Repairs, Wallpapers,  
 New Cushion Interiors

Home visits available or  
 book an appointment to  
 visit our showroom

Crosshills Tel: 0759 181 5628  
 info@phillipes.co.uk • www.phillipes.co.uk

**AG MOTORS, KEIGHLEY**  
**CAR REPAIRS • MOT • TYRES • SERVICE**

**SPECIAL £30 MOT OFFER:**  
 For cars under 6 yrs (Bring this ad!)

**TEL: 01535 661406**

Becks Road, Keighley, West Yorkshire BD21 1SD  
 hello@agmotorskeighley.co.uk

*Material Worth Interiors*

Made to measure Curtains, Blinds &  
 Cushions, Fabrics, Poles & Wallpapers.

[www.material-worth.co.uk](http://www.material-worth.co.uk)

**01535-643111**  
 74a Haworth Rd  
 Cross Roads  
 BD22 9DL

A tree planted for every pair of curtains made

**ST BRIDGE TYRES CO. UK**      **MOT £40**

We also do:  
 Servicing & Repairs • New And Used Tyres  
 Locking Wheel Nut Removal • Alloy Gators

**BD21 4DH | 01535 959421**

NEW AND IMPROVED SERVICE

**BRONTE TAXIS**

Hospitals, Stations, Airports, Parcels, Contract work undertaken	<b>MINI BUSES</b> available
--	--------------------------------

Tel (01535) **644442 / 645555**  
 24 hr Radio Controlled Cars

**Need an Electrician?**      **JS Electrical**

**Jonathan Scott**

**07732174201**

**Oakworth**

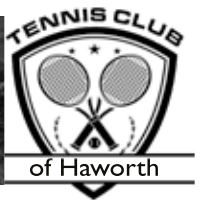
[js.electrical@outlook.com](mailto:js.electrical@outlook.com)

Say you saw it in the Worth Valley Mag!



# COMMUNITY PAGES

SPONSORED BY



**Every first Monday of a month** 1.30 - 3.30pm **The Welcome Drop-In** at Oakworth Methodist Church Share refreshments and chat. Supported by Carers' Resource and Dementia Friendly Keighley. Everyone welcome.

**Every Tuesday Rethinking Pain** at West Lane Baptist Church, Haworth 1pm - 2pm A Group for people living in pain. Free gentle movement exercise classes for people in persistent pain.

**Every Tuesday 7 - 9pm Men's Peer Support Group** Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

**Every Wednesday Haworth Senior citizens** 2 pm - 3.30pm at West Lane Baptist Chapel, Haworth. New Members Welcome. Call Doreen 01535 648928

**Every Thursday** 1pm - 3pm **The Shed Oakworth Village Hall.** New members welcome. Learn, practice or share your skills. Call Carol Grice 07758 710945

**Every Thursday** from 1.30pm **Time For Me Bereavement Support Group** meet at The Bronte, Lees Lane, Haworth BD22 8RA. A mutual support group for those who have lost someone dear, recently or a long time ago.

**Every Friday** 2 - 4pm **Haworth Ladies Badminton Group** at Haworth Village Hall. New members welcome. **3rd Sunday of a month** is the **Artisan Markets at Haworth Central Park** 10 am - 3pm.

**Jan until 1st May Vacation of the Woollies** Exhibition of textile sculptures at Cliffe Castle Museum, Keighley

**Jan - 30th April Once upon a Pantomime** Costume Exhibition at Cliffe Castle Museum, Keighley

**Weds Feb - 1st Jan 2024 Bronte Parsonage Museum The Brontes and the Wild** This exhibition considers how landscape, weather and the natural world play an important role in the lives and

work of the Brontës.

**Keighley 3rd Age Group Meet at Action Point (formerly Temple Row Centre) at 10am.** Free refreshments. Speaker Janice Pedder. Caves of Gibraltar.

**Fri 3rd Feb 2pm at St James' Church, Cross Roads, BD22 9DL.** Cross Roads and Lees Church and Chapel Ladies **Sat 4th Feb 10am - Lees Methodist Church Coffee Morning Theme Love is in the Aire**

**Fri 10th Feb Haworth Cinema Operation Mincemeat (12A)** 7.30pm West Lane Baptist Church

**Tues 7th Feb 10.30 am Guided Walk Haworth and Oxenhope** Meet Daphne Allen outside Haworth Railway Station to walk to Oxenhope and up to the views from Penistone Hill. This walk will be 5.5 miles. .

**Sat 11th - Sun 19th Feb Dick Whittington Pantomime at Oakworth Methodist Church.**

**Sat & Sun 12th/13th Feb Haworth Craft Fairs** 10am - 5pm The Old School Rooms, Haworth

**Mon 13th Feb 7.30pm Haworth and District WI** at West Lane Baptist Church, Haworth BD22 8EN: Jo Moseley's talk **"Paddleboarding from Port to Port"**.

**Mon 13th to Fri 17th Feb KWVR Steam Trains every day.**

**Weds Feb 15th 11 am - 3pm Wild Wednesday at the Bronte Parsonage Museum** A family-friendly workshop making little paper plants

**Sun 19th Feb Keighley Ramblers "A Bronte Wander."** Moderate 7.5 miles. Meet 10.30 am on Belle Isle Road, Haworth. [www.ramblers.org.uk/keighley](http://www.ramblers.org.uk/keighley) A lovely walk exploring the delights and views of the Worth Valley.

**Weds 22nd Feb 11am Guided Walk Penistone Hill & beyond** Meet Paul Mawson at Oxenhope Station. This walk follows the Millennium Way Circular Walk No.7. It includes a long walk through a bracken to one of the conduits above Oxenhope. May find this walk quite challenging. This walk will be 7.5 miles..

**Thurs 23rd Feb Oxenhope Antiques & Collectors Society** 7.30pm at Oxenhope Community Centre, Shaw Lane, BD22 9LH. Speaker: Tricia Atkinson - Mary Bateman, The Leeds Witch Visitors welcome - contact Christine on 07974 785489

**Fri 24th Feb Haworth Cinema Where the Crawdads Sing (15)** 7.30pm West Lane Baptist Church.

**Sat 25th & Sun 26th Feb** Local independents from **Haworth & Yorkshire** showcase their unique offerings at **Haworth Old School Room Church Street 10 am until 4 pm, FREE ENTRY** & all are welcome including our furry friends.

**Thurs 2nd - Sat 4th March Saltaire Beer Festival** at Victoria Hall, Victoria Road, Saltaire. With over 110 real ales, real ciders and perries, wines, global beers, and craft keg beers, as well as great food, live music and famous tombola.

## TENNIS IS BACK!

**Haworth Tennis Club** welcomes new members for the 2023-24 season. For the whole year (1st Apr 23 - 31st Mar '24) it's just one payment of £20 for adults, £10 for juniors/ concessions or £50 for the whole family. **Open to all.** Whether you're brand new to tennis, have a rusty racket or can already play. **What's included?** Court access anytime, Club night suitable for beginners (Tuesday's 6-7pm) Discounted coaching (*coming soon*) [www.haworthtennisclub.weebly.com](http://www.haworthtennisclub.weebly.com) text/call Nina **07732 854983**



Join hundreds of runners on Mother's Day to raise vital funds for Sue Ryder

**Keighley 10k & 5k**  
**Sunday 19 March 2023**  
**Earlybird offer now on!**  
**Adult entry £12**  
**Child entry £8**

For more information:  
visit: [sueyder.org/keighley10k](http://sueyder.org/keighley10k)  
call: 01535 640430  
email: [manorlands.fundraising@sueyder.org](mailto:manorlands.fundraising@sueyder.org)



## Haworth Warm Space

**Mondays 2pm-5.30pm**  
**West Lane Baptist Church**  
Haworth, BD22 8EN



Come along for a chat, hot drink & soup / cake / toast in a warm and welcoming place

- Free
- All welcome
- Meet friends
- Play games
- Watch films



To advertise call us on 01535 642227

# BEHIND THE SCENES AT THE MUSEUM

As I write, it's very busy 'behind the scenes' at the Museum! Decorators are painting, electricians are PAT testing, shop stock is being counted and our world-famous collection of Brontë manuscripts, letters and books is being dusted and checked for signs of damage or deterioration. While maintenance and curatorial work happens throughout the year, January is our main conservation period when the historic rooms are emptied of their valuable artefacts, deep cleaned and then reinstated, often with different items on display. It's a meticulously planned operation but we can never be sure what each new day will bring!

January is also the time when we carry out much of our staff training. This year, as well as evacuation procedures, collection care and disaster planning, some of our staff will be learning to use Makaton, a form of communication using speech and symbols, enabling us to interact with our youngest visitors, or those with learning difficulties, in an accessible and welcoming way. We're also looking forward to a team away day to Dove Cottage in Grasmere.

Preparations are also well underway for our new exhibition, **'The Brontës and the Wild'**. When Patrick Brontë brought his young family to the bleak hilltop village of Haworth in 1820, the wild beauty of the moorlands surrounding the Parsonage cast its spell, and became central to the creative lives of his children. Charlotte, Emily, Branwell and Anne came to share their father's love of nature, and his stories of the countryside captured their imaginations. Our 2023 exhibition considers how landscape, weather and the natural world play an important role in the lives and work of the Brontës.

A central element of the exhibition is the

Brontë family's annotated copy of Thomas Bewick's **'A History of British Birds'**, recently acquired by the Museum from the Blavatnik Honresfield Library. Other highlights include poetry manuscripts by Emily and Charlotte, early printed works by Patrick Brontë, copies from Bewick by Emily and Charlotte and first editions of 'Poems' by Currer, Ellis and Acton Bell and 'Wuthering Heights'. Two wood blocks on loan from the Wordsworth Trust will also be on display.



Rebecca Yorke, Director, Brontë Parsonage Museum

Have you seen 'Emily', the new Brontë-inspired film by Frances O'Connor, yet? Our 2023 displays will also include items from the film, including the dress worn by actress Emma Mackey, and a signed copy of the screenplay.

To complement the new displays, we are really excited to present **'Secret Life in the South Pennines'**, an exhibition of woodcuts and charcoal drawings by Angie Rogers. Angie's work echoes that of Bewick, and depicts the flora and fauna of the local landscape.

And, coming up later in the spring is **'Hardy and Free'**, an exciting new commission by Bradford based photographer **Carolyn Mendelsohn** – not to be missed. Finally, don't forget to look out for our events to celebrate International Women's Day, including our first **Big Brontë Book Swap** at the **Old School Room in Haworth on Saturday 11 March**. Bring a book, tell someone why you enjoyed it over a cup of tea, and take a different book home with you!

For more information about all our events, please visit [www.bronte.org.uk/whats-on](http://www.bronte.org.uk/whats-on), or call **01535 640192** during office hours, Tuesday to Friday. We look forward to seeing you soon.

**Rebecca Yorke**  
Director, Brontë Parsonage Museum

**NEW EXHIBITION FOR 2023**

## The Brontës AND THE Wild

**2023 at the Brontë Parsonage Museum**

Open 10am-5pm Wednesday to Sunday from 1 February. Concessionary rates apply for residents of BD20, BD21 and BD22.\*

\*Proof of residence required, for more details please visit [www.bronte.org.uk/visit-us](http://www.bronte.org.uk/visit-us)

**Brontë Parsonage MUSEUM**

Haworth, Keighley, West Yorkshire BD22 8DR  
**01535 642323** [www.bronte.org.uk](http://www.bronte.org.uk)    
Reg Charity: 529952 Reg Company: 73855

## Robbie Moore MP



### Keighley, Ilkley and the surrounding areas

For help or advice please contact:  
Office of Robbie Moore MP  
Shan House, 80-86 North Street  
Keighley, BD21 3AG  
01535 600538  
[robbie.moore.mp@parliament.uk](mailto:robbie.moore.mp@parliament.uk)  
**Surgeries by appointment only**

## Digi-Man Aerials

Digital Aerials & Satellites

Fully Qualified Installer of  

**OAP DISCOUNT**  
**ALL WORK GUARANTEED**  
**LOCAL MAN**

ALL satellite & aerial problems solved!

For a **FREE Quote & Advice** Call Digi-Man Aerials

**Mention this magazine & Get 10% Off**

Friendly Professional service

Freephone: 0800 0377011  
**call now 01535 646141**



Say you saw it in the Worth Valley Mag!



# Discover your SMILE again



## Who are we?

**Our Keighley Denture Expert is Joseph O'Reilly (Dip CDT RCS)**

Joseph qualified from Leeds Dental Institute as a dental technician and continued to do work for some of the UK's best surgeons. Through his constant passion for his work, he then enrolled for the prestigious Clinical Dental course at the School of Dentistry University of Central Lancashire in Preston. During this time, despite his tender years, his determination and focus pushed him to be recognised as one of the youngest qualified clinical technicians in the UK being awarded a Diploma from the Royal College of Surgeons Edinburgh. Joseph has a passion for the industry, his eye for detail and careful planning ensures only the best results, giving his patients peace of mind and great clinical results. He has now been creating smiles for over 18 years. He is currently working closely with Taylored Dental Care in Keighley. Assessing patients who have had problems with their dentures and providing them with options to correct these.



## How can we help you?

Technology has moved on massively over the last few years as far as dentures are concerned. The fact is, you don't have to suffer badly designed or ill fitting dentures anymore.

However, replacing your teeth is more than trusting someone with your smile. Your appearance and the way people perceive you is also at stake,

Joseph creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face. He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Joseph will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Joe is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Joseph's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

*Everybody has the right to smile!*



# Denture Problems Look no further...

*Would you like to be more confident?  
Do you suffer from denture discomfort?  
Loose or ill-fitting dentures?  
Afraid to smile?*

**£50 OFF  
VOUCHER**

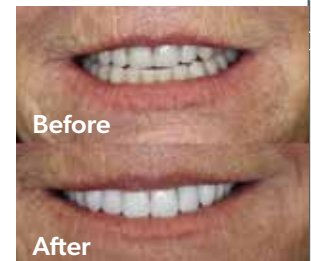


**With our clinical denture expert Joseph O'Reilly who has restored thousands of smiles - you're sure to feel more confident and be you again.**

## From Frustration to Clarity

One of our lovely transformation cases. Patient LS struggled for years. Aesthetics were compromised along with facial support looking very strained. With our Diamond range of dentures, aesthetics were restored with full facial support in the correct position.

*"I have finally got my confidence back,  
I never imagined I could smile like this.  
Thank you My Denture Clinic"*



**TeethXpress  
in a day**



## Eat and smile again with confidence

Millions of people are missing one or multiple teeth, requiring the use of removable dentures or bridgework. Many people struggle with loose fitting teeth. If you have this problem you already know the embarrassment of eating and smiling in public. TeethXpress can restore the ability to eat your favourite foods and to smile again!.

**98 Cavendish ST  
Keighley, BD21 3DE**

Tel: **01535 358531**



# Sudoku

			8				6
		1		5	2		
	7		9			5	
9			8		7		5
	2					3	
3		7		2			9
	5			8		7	
		4	2			5	
8				9			

	7			4			8
			6		8	3	
8				7			1
	5		1				8
		6			5		
1				5		6	
2			7				9
		5	4		6		
	8			1			7

		9		4			7
		7					4
		4	6		7		2
			5	6		1	
8			4		2		6
		1		3	8		
	5		2		6	3	
1						2	
	9			8		5	

8						6	
		7	1				9
9	5		7				
		5	2	6			
2	3						8 6
				4	3	9	
					4		6 7
	6				7	2	
		3					8

Sponsored by



**D&R CONSTRUCTION**

PHONE OR FAX: 01535 647166

MOBILE: 07770 890 652

## Where in the Worth Valley? COMPETITION



Where is the **red x** located in the photo to the right?

This month's prize is generously donated by The Keighley & Worth Valley Railway: (Day Rover Pass)

Email your answer along with your name & address to:

[mail@worthvalleymag.co.uk](mailto:mail@worthvalleymag.co.uk)

The winner will be selected from all correct answers received by the 20th February 2023

The location of last month's competition was Steptoe Ted's Antique Shop, Cross Roads and the winner was Toni Finnie.



## Marsh Top Farm Shop

Family Farmers and Butchers

Specialising in grass reared beef, home reared pork and goat.  
Find us at the Farm and local markets:  
Hebden Bridge, Ilkley, Baildon, Headingley & Skipton.

Feed the family this winter with our meat packs, starting from £12.00. Visit our website for more details.

Visit the Farm  
Marsh Lane,  
Oxenhope  
BD229RN  
Fri - Sat: 10:00 - 16:00  
Sun: 10:00 - 15:00



Butchers - Farm Shop - Markets - Local Delivery  
07530 028869  
[www.marshtopfarmshop.co.uk](http://www.marshtopfarmshop.co.uk)

Say you saw it in the Worth Valley Mag!

## 6 REASONS TO TAKE UP GOLF THIS YEAR

### 1. Golf is Good Exercise

Not only do you spend a lot of time on your feet, but you also do a lot of walking. You'll certainly get in your daily step goals.

### 2. It's Great to Get Outdoors

When you play a round of golf, you'll spend that time outside. Some benefits of being outdoors include:

- Sleep better
- Lower blood pressure
- Decreased depression
- Boost creative thinking
- Less anxiety

Being in a beautiful location where you can take in nature doesn't hurt, either!

### 3. Make New Friends

While there's nothing wrong with playing golf with a friend, another benefit of playing golf is that you can make new friends. One of the easiest ways to do that is to sign up for one of our **Beginners courses**. Before you know it, you'll be enjoying a celebratory drink with a new friend or two after a session at the club.

### 4. Improve Business Relationships

The best place to make that new business deal may be the golf course. Why? Simple. Golf is a game played by many business people. As you're making new friends on the course, you may end up finding others in similar industries that you can work with; that's a great bonus!

### 5. Relaxation

The game itself can also help you relax. This is particularly true if you're playing by yourself. When it's just you, your club, and the ball, it's easy to allow the rest of your problems to slip away. You can focus only on the problem at hand, which is getting that ball into the hole. Sometimes, it's taking that time away from your daily routines that allows you to put things into perspective. Then, you can return with a refreshed mind to calmly resolve problems.

### 6. Better Health

All of these things put together will help you improve your health out on the golf course. The

Ever thought of taking up golf?  
Are you looking for fitness,  
fun and friendship?

**OPEN TO ALL BEGINNERS**

Keighley Golf Club are running a  
Golf Coaching Programme  
in March/April 2023:

- 18, 25 March &  
1, 15, 22, 29 April at 2.00pm
- £50 per person
- 6 sessions x 1 hour
- No equipment needed
- Trainers required
- After 1st session  
complimentary drink + cake

For bookings (quote WVM1),  
please contact our Professional  
Andy Rhodes on 01535 665370 or  
email [pro@keighleygolfclub.com](mailto:pro@keighleygolfclub.com)



exercise you'll get and the time spent outside are both huge parts of it, but even improved relationships have a positive impact on your mental health. One other specific way golf improves your well-being is by increasing your exposure to daylight and vitamin D. This essential vitamin is made in your body but is triggered by exposure to sunlight. Getting enough vitamin D may help you:

- Lower your risk of cancer
- Boost your immune system
- Absorb calcium to prevent bone loss

### Need a Place to Play Golf?

We've got you covered! Visit our beautiful golf club and find a package that suits you.



**Keighley Golf Club is offering a special 9-hole membership at £175 available to golf graduates on completion of the Beginners' Coaching Programme** (see details above) *Special membership lasts for 6 months and includes a 20% discount on food and drink.*

# Spring SALE

*Get rid of those Winter Blues and look forward to Spring!*

Keighley Golf Club is an attractive parkland course together with a Clubhouse offering excellent bar and catering facilities.

**15 MONTHS MEMBERSHIP FOR THE PRICE OF 12**

**ALL MEMBERS 20% DISCOUNT**  
Off food & drink in the Clubhouse.

Any new member joining from the 1st April 2023 will pay the following rates to 30th June 2024.

- Full 7 Day Membership £1102
- 6 Day Membership (Sun-Fri) £835
- 5 Day Membership (Mon-Fri) £696
- 3 Day Membership (Sun, Mon and Wed only) £542

Discounted rates apply for Intermediate Membership (19 to 33 years)  
Offer ends 31st March 2023

For further details contact  
**Our Professional Andy Rhodes on 01535 665370 or email [admin@keighleygolfclub.com](mailto:admin@keighleygolfclub.com)**



**Anchor Logs™**  
**LOVE YOUR FIRE**  
KILN DRIED HARDWOOD LOGS | KINDLING  
LOG STORES | SMOKELESS COAL  
**Tel: 01756 748342**

Email: [hello@anchorlogs.co.uk](mailto:hello@anchorlogs.co.uk)  
Web: [www.anchorlogs.co.uk](http://www.anchorlogs.co.uk) (order and pay online)





**Bristles** HETAS REGISTERED INSTALLER  
**Chimney Sweep Service**

Telephone/Text 07972 330887

Web: [www.bristles-chimney-sweep.co.uk](http://www.bristles-chimney-sweep.co.uk)  
Email: [bristles-chimney-sweep@hotmail.co.uk](mailto:bristles-chimney-sweep@hotmail.co.uk)

**PROPER LOGS**  
Kiln Dried Hardwood Logs  
**Large dumpy bag**

**FREE DELIVERY 07468 431 978**

Find us on Facebook  

**HARTLEY & WHITAKER**  
*Solid Fuel Merchants*  
**Coal, Smokeless Fuels, Kiln dried Logs, Kindling**

Located in Worth Valley Railway car park,  
Station Rd, Haworth...or Delivered to your door  
**Tel: 01535 642188**



**AV Rendering & Externals**  
Based in Haworth we specialise in

- Silicone texture
- Through coloured render systems
- Pebble dashing

Email: [avrendering@outlook.com](mailto:avrendering@outlook.com)  
Call Josh for a FREE QUOTE: 07568 454917



**R.P. DECORATING**

All Aspects of Decorating  
Interior & Exterior  
Domestic & Commercial  
City & Guilds Qualified  
Over 30 Years Experience

FOR FREE PROFESSIONAL ADVICE AND QUOTATIONS CALL

T: 01535 642 864 M: 07989 560 206  
MEMBER OF THE PAINTING & DECORATING ASSN.

15+ Years Experience



**FORGET THE REST. USE THE BEST!**

For All Aspects Of  
Plastering & Rendering  
Contact

RYAN WILSON  
Mobile : 07927143219  
Email : [RLWplastering-services@hotmail.com](mailto:RLWplastering-services@hotmail.com)  
Facebook : @Rlwplastering

**R&C BATHROOM SOLUTIONS**

07563 580796  
[rc.b@live.co.uk](mailto:rc.b@live.co.uk)

- Specialize in fully fitted wet rooms and bathrooms.
- Large showers to replace existing baths.
- Mobility access walk-in showers.
- Showers & baths with folding seating.
- Grab rails and steps for easy access.
- Free quotes and no call out charges.

All work guaranteed & finished to a high standard.



With over 20 years experience & Registered with



**Andy Beattie**  
**PAINTER & DECORATOR**  
Quality Interior & Exterior work  
Competitive Rates  
Prompt & Efficient Service  
**m: 07817 132784**

**WindowsToSuit**  
~Windows & Doors Specialists  
~FENSA Approved  
*Small enough to pass on the saving  
-big enough to make difference.*

T: 01535 322 490 M: 07976 721 893  
[info@windowstosuit.com](mailto:info@windowstosuit.com)  
Based locally, Covering West & North Yorkshire

**Bob Beattie**  
**PVCU FENSA**  
Registered Company

from a single window to a complete house  
REPLACEMENT WINDOWS & DOORS,  
FASCIAS, SOFFITS, GUTTERS

**PVCU REPAIR SPECIALIST**

Tel: 01535 646761  
Mob: 07973 846825

**Upstairs at Pennybank**



Two rooms with a view.  
Beautiful space to hire.

- ◆ Meetings ◆ Pop-ups
- ◆ Corporate events
- ◆ Master classes ◆ Private parties
- ◆ Gallery space ◆ Co-working

Located in the heart of Haworth village.  
**07742 983 608**  
[upstairsatpennybank@gmail.com](mailto:upstairsatpennybank@gmail.com)  
2-4 West Lane, Haworth BD22 8EF

**CALDERBANK HEATING**



Friendly, ethical and award winning Heating Engineer providing:

- Boiler servicing for all oil, gas and LPG boilers
- System flushes

2021 North West Energy Efficiency Regional Awards Heating Contractor of the Year

Trustpilot  
Over 70 5-star reviews (Trust Pilot & Google)

Free online help videos at [www.calderbankheating.co.uk](http://www.calderbankheating.co.uk)  
Tel: 01535 819820 / 07737 540580  
[calderbank.heating@gmail.com](mailto:calderbank.heating@gmail.com)

Take control of your heating system, reduce your fuel usage, and tackle climbing prices

REF:042  
**Police Approved LOCKSMITHS**

- Local 24 Hour Locksmith
- No Call Out charge • 1 Hour Response
- Insurance Approved • All work Guaranteed

Yale Chubb ULTION

- UPVC Specialist • Emergency Door Opening
- Burglary Repairs • All Locks supplied & fitted
- OAP discount • Family Run Business

Call Craig on: **01535 628313 & 07868 786966**  
[www.inhousecurities.co.uk](http://www.inhousecurities.co.uk)

**Come and share our love of walking**  
Join us! We're sure you will feel much better for getting out in the fresh air.

**RAMBLERS** Keighley  
[www.ramblers.org.uk/keighley](http://www.ramblers.org.uk/keighley)

**Computer Repairs**

Local Home or Office PC/Tablet Repairs  
Friendly service with over 20 Years experience

- PCs •Laptops •Macs •Tablets •Mobiles
- TV/DVD/Audio •Broadband •Security
- Responsive Web Design & Hosting

Call Damian or visit [cyberwink.co.uk](http://cyberwink.co.uk)  
**01535 654168 | 07946 596429**



Whilst many railways and other attractions close in the early part of the year, we do not. Our founders wanted to reopen the railway and that's exactly what they achieved. It took six years of hard work behind the scenes to secure ownership of the line, bring the railway back to operational standard, and build the collection of locomotives and rolling stock ready for relaunching services. On 29th June 1968, their dream was realised when the railway reopened, making us one of the first heritage railways to achieve this amazing milestone.

The founders did not plan to open a living museum but wanted to keep this important part of history operational for the use of our local neighbours, although they did establish what has become a tourist attraction of national renown. As a result of their ambition, they never thought that it should close down for the quieter tourist months between the new year and Easter, and the tradition of running all year round continues. Thus we are open every weekend throughout the year, as well as during the week in holiday periods. At times of inclement weather, this has made us one of the only transport links into and out of the

villages down the line, and we do appreciate the importance of providing that service so we offer the Local Residents' Railcard, which results in discounted fares for our neighbours (in BD20/21/22 postcodes). It also means that we offer one of the few days out during the weekends between now and Easter. Our real-ale bar is conveyed on all the steam train services, and we will be operating our recently-restored 'Pacer' class 144 diesel unit on selected dates.

We recommence daily running for the February half-term (11th-19th February). Then our first event of the year is the Steam Gala, running 9th-12th March, which will be a celebration of steam with three visiting and the six locomotives from the home-based fleet operating across the four days of the event.

As ever, making all this happen takes a massive volunteer effort, and I encourage you to consider joining the team of over 750 volunteers in all aspects of operating and maintaining the railway.

We do look forward to welcoming you on board soon!

~ **Matt Stroh**  
Keighley & Worth Valley Railway Chairman

# DATES FOR YOUR DIARY

Upcoming events at The Keighley & Worth Valley Railway.

## HALF TERM HAPPINESS



11th to 19th February

## STEAM GALA



9th to 12th March

## AFTERNOON TEA



Various Dates

## FLYING SCOTSMAN



May 2023



Use the QR Code for more detailed information, timetables, all the latest news and upcoming events across the railway.

Book online at [www.kwvr.co.uk](http://www.kwvr.co.uk) or by phone on 01535 645214

## How Full Is Your Stress Bucket?



At this time of year our thoughts often focus on our physical health but when did you last check-in on your mental health? Did you know that everytime you have a negative thought cross your mind, it goes into your metaphorical 'stress bucket?' And it doesn't matter if it is a real or imagined thought because your mind will store it either way. Just by thinking that something might go wrong, or watching something scary, will create anxiety in your mind, as the subconscious mind cannot tell the difference between what is real and what is imagined. For example, if you worry about a meeting at work fifty times and then have the meeting and it actually goes well, your mind will have stored fifty instances of it happening negatively and only one instance of it happening positively and anxiety will slowly start to build unnecessarily. Negative thoughts and feelings accumulate and store in our minds as a form of protection. This was really useful in days gone by when we needed to respond to dangers in our world, but nowadays those thoughts are often not relevant to our survival and therefore we don't need to build up this protective fear any longer. Our brains respond to this accumulation of stress in a variety of different ways. For some people they find themselves getting angry and irritated much more easily than they used to. Others are likely to notice

an increase in anxiety symptoms, whereas others may find that depressive symptoms such as low mood and avoidance become more common. And a full 'stress bucket' can also impact your physical health as you become stuck in a chronic state of stress which negatively impacts the immune system. There are countless studies which show the impact of positive thinking. However, when you feel stuck in a rut it can be hard to change your perspective on things and those thought patterns can be really hard to shift on your own.

My name is Sharon Thompson and I am an accredited professional Hypnotherapist based in Haworth. I use Solution Focused Hypnotherapy to work with people to help them empty their 'stress bucket' and keep it empty. By doing this it means that the rational part of the mind remains in control and they are able to avoid issues such as anxiety, anger and depression as well some more specific symptoms such as insomnia, phobias and weight gain.

I see clients across my two therapy rooms in Haworth and Saltaire, and also online using Zoom.

If you are ready to empty your 'stress bucket' and make positive changes in your life then get in touch.

You can find full information about how to contact me on my website [www.sharon-thompson.co.uk](http://www.sharon-thompson.co.uk) or phone **07764 562 887**.

**SOLUTION FOCUSED HYPNOTHERAPY**  
in  
**HAWORTH | SALTAIRE | ONLINE**

HELPING YOU TO MOVE ON FROM  
ANXIETY, STRESS, LOW CONFIDENCE

Book Online At [www.sharon-thompson.co.uk](http://www.sharon-thompson.co.uk)  
or call 07764 562 887

Fully Certified & Insured

**NCH**  
CERTIFIED REGISTERED  
NICH MEMBER

**AFSHI**

**Janine's Homecare**

- Cleaning, washing, shopping, meal preparation, medication or just a friendly chat & companionship.
- Days & time to suit you - mornings, days, evenings & weekends.
- Regular, one off or occasional visits.
- Friendly, professional & reliable.

For more information ring Janine: 07488 706804  
References available • DBS checked & insured.

**RM PHOTOGRAPHY**  
Wedding And Portrait Photography  
2023 dates available  
bespoke packages to fit all budgets  
we also cover birthdays, engagements, graduations, christenings, and more.  
please contact us via our website to discuss your requirements.  
[www.rm-photography.co.uk](http://www.rm-photography.co.uk)  
Tel/Text 07808 937517  
Email [info@rm-photography.co.uk](mailto:info@rm-photography.co.uk)  
Crossroads Studio, 68 Haworth Road, Cross Roads, Keighley, BD22 9DL

**Adele's Ironing & Cleaning Services**  
**£25 for 35 items**  
Telephone: **01535-643474**  
Mobile: **07837 452604**  
**Free Collection & Delivery**

**HOME & GARDEN SERVICES**  
**JE**

- Power Washing
- Grass & Hedge Cutting
- Garden Tidy
- Flagging & Walling
- Fencing & Decking
- Painting
- Tiling & Grouting,
- Small Plastering jobs

ALL WORK CONSIDERED  
PLEASE PHONE JOHN ON **07739 573836**

**bronte CANINE**  
DOG TRAINING

Adult dog training  
Puppy training  
One to one sessions  
Call Paula 07590 045563

[info@brontecanineservices.co.uk](mailto:info@brontecanineservices.co.uk)  
[www.brontecanineservices.co.uk](http://www.brontecanineservices.co.uk)

**S.A.S LANDSCAPE & GARDENING SERVICES**

Fencing, Flagging, Decking, Turfing, Grass & Hedge Cutting, Weeding & General Tidy-ups.

**07766 564676**  
[stevesmith31@tiscali.co.uk](mailto:stevesmith31@tiscali.co.uk)

**Keighley Furniture Project**  
at Springfield Mills, Oakworth Road, Keighley, BD21 1SL  
We accept donations of furniture and electrical items (also gas cookers) in good working order.  
We pass items on to people on benefits, disabilities & pensions.  
**Donate & we will collect.**  
Visit our showroom.  
**01535 601999**  
Email [adminoffice@springfieldproject.co.uk](mailto:adminoffice@springfieldproject.co.uk)  
[www.keighleyfurnitureproject.co.uk](http://www.keighleyfurnitureproject.co.uk)  
Reg Charity No 1090090

**WORTH VALLEY TREES**

**07775503195**  
[worthvalleytrees@gmail.com](mailto:worthvalleytrees@gmail.com)  
All aspects of tree work undertaken

## A Brief For The Defense

By Jack Gilbert

Sorrow everywhere. Slaughter everywhere. If babies are not starving someplace, they are starving somewhere else. With flies in their nostrils. But we enjoy our lives because that's what God wants. Otherwise the mornings before summer dawn would not be fashioned so miraculously well. The poor women at the fountain are laughing together between the suffering they have known and the awfulness in their future, smiling and laughing while somebody in the village is very sick. There is laughter every day in the terrible streets of Calcutta, and the women laugh in the cages of Bombay. If we deny our happiness, resist our satisfaction, we lessen the importance of their deprivation. We must risk delight. We can do without pleasure, but not delight. Not enjoyment. We must have the stubbornness to accept our gladness in the ruthless furnace of this world. To make injustice the only measure of our attention is to praise the Devil. If the locomotive of the Lord runs us down, we should give thanks that the end had magnitude. We must admit there will be music despite everything. We stand at the prow again of a small ship anchored late at night in the tiny port looking over to the sleeping island: the waterfront is three shuttered cafés and one naked light burning. To hear the faint sound of oars in the silence as a rowboat comes slowly out and then goes back is truly worth all the years of sorrow that are to come.

American Poet, Jack Gilbert (1925 ~ 2012), wrote compellingly about passion, loss and loneliness. His poems are filled with a sense of wonder at existence and with his surprise at finding happiness – despite grief, struggle and alienation – in a life spent in luminous understanding of his own blessings and shortcomings. His work is both a rebellious assertion of clarity and a profound affirmation of the world in all its aspects.\*

\*Source: The Guardian/Obituary

To advertise call us on 01535 642227

**Office Furniture Outlet**  
Eagle Mill, Dalton Lane  
Keighley, BD214HT

**Andrea Jannetta**  
Sales & Marketing Manager  
01535 681111

[andrea@officefurnitureoutlet.co.uk](mailto:andrea@officefurnitureoutlet.co.uk)  
[www.officefurnitureoutlet.co.uk](http://www.officefurnitureoutlet.co.uk)

  
**Handyman Services**  
HOME MAINTAINANCE SERVICE

Electrical (Fully Qualified)   
Plumbing • Joinery  
Painting • Decorating • General Garden Work  
NO JOB TOO SMALL

Call Michael  
01535 644969 / 07929 785504

  
**Haworth Handyman** CRB CHECKED!

**ANY JOB, BIG OR SMALL  
GIVE CHRIS A CALL  
07765 914462**

[www.haworthhandyman.co.uk](http://www.haworthhandyman.co.uk)  
**HOME - GARDEN - BUSINESS**  
*The price we say is the price you pay, guaranteed!*

**Red Dog Pest Control**

**Moles Wasps Rats Mice Ants ...etc!**

Fully qualified & Insured based in Keighley.  
7 days a week with 24 hour call outs

07805 371 101  
[@reddogpestcontrol](mailto:@reddogpestcontrol)  
[RDPestcontrol@hotmail.com](mailto:RDPestcontrol@hotmail.com)



**Ask Andrina**  
Office Solutions

Sage 50  
VAT Returns  
Xero  
Bank Reconciliations  
Bookkeeping  
Credit Control  
Payroll



Tel: 07876 345422 Silsden  
Email: [andrina@askandrina.co.uk](mailto:andrina@askandrina.co.uk)  
Web: [www.askandrina.co.uk](http://www.askandrina.co.uk)  
Twitter: @askandrina

**Vivien Wallwork**  
Bsc, Psych, PG Dip Psychotherapy, BACP & UKATA Registered.

**Counselling for:**  
**Stress • Anxiety • Anger • Sadness**  
**Individuals • Couples**

Currently only offering online or telephone counselling for your protection & safety.

[www.free-myself.com](http://www.free-myself.com)  
**07775 616 696 • 01535 652815**

**Bogthorn**



**WANTED:  
COMMUNITY  
MAGAZINE DELIVERIES**

We are looking for committed hardy individuals (no matter the weather!) willing to make monthly deliveries in the Worth Valley. We do our best to find a round close to your home.

- ✓ **Earn extra money**
- ✓ **Get fit**
- ✓ **Help the community**
- ✓ **From age 14+**

To apply contact Liz:  
[Liz@worthvalleymag.co.uk](mailto:Liz@worthvalleymag.co.uk)  
include your name, address, & contact details.

Say you saw it in the Worth Valley Mag!

# BUSINESS DIRECTORY Find the local services you need

## Aerials/Audio/TV

Digiman Aerials p15 **Animal related**

Bronte Canines p27 **Attractions/Community**

Bronte Parsonage p14/15

Haworth Tennis Club p13

It's Worth Talking About p6

K&WV Railway p24/25

Keighley Furniture Project p27

Keighley Golf Club p20/21

Keighley Ramblers p22

Manorlands p13

Robbie Moore p15

Upstairs at Pennybank p22

## Building Services/General/Joinery/Roofing

AV Rendering & Externals p22

Broomhill Roofing p6

DR Construction p19

Handyman p29

Haworth Handyman p29

MB Roofing p6

Queensbury Kitchens p32

RLW Plastering p23

Yorkshire Loft Ladders p31

## Business Related

Ask Andrina p29

## Butchers

Marsh Top Farm p19

## Care/Cleaning / Domestic

Adele's Ironing p27

Janine's Homecare p27

## Cars/Vehicles

AG Motors p11

Earby Autos p11

Stockbridge Tyres p11

## Chimney Sweep

Bristles p21

## Computer

Computer Repairs p23

DVD Conversion p30

## Counselling/Therapy

Vivien Wallwork p29

## Doors/Windows

Bingley Windows p3

Garolla p8

Bob Beattie p22

Windows to Suit p22

## Dental

Taylored Dental Care p16/17

## Electrical

JS Electrical p11

LNJ Electrical p11

## Fire & Security

Guardian Security Installations p5

Keybury p3

## Fuel/Heating

Anchor Logs p21

Calderbank Heating p23

Hartley & Whittaker p21

Nicholson Heating p6

Proper Logs p21

## Funeral and related

Andrew M Ellershaw p28

Lyndon Leeson p28

Richard Wine p28

Springhead Funerals p7

## Gardening/Trees

JE Home & Gardens p27

SAS Landscape & Gardening p27

Worth Valley Trees p27

## Hearing

The Mobile Hearing Clinic p9

## Health & Fitness

Skipton Health & Fitness p2

## Holidays/Travel

Steels of Addingham p5

## Hypnotherapy

Sharon Thompson p26

## Knitting/Sewing/Soft

## Furnishing

Hilarys Keighley p2

Material Worth p11

Phillipe's p11

## Locksmith

In House Securities

p23

## Musculoskeletal Therapist

TLN p9

## Painting & Decorating

Andy Beattie p22

R.P. Decorating p22

## Pest Control

Red Dog p29

## Photography

RM Photography p27

## Plumbing /Tiling

AR Carling p6

DSM p28

Nicholson Heating p6

R & C Bathroom Solutions p23

Steve Spence p6

## Pubs/Restaurants

The Robin Hood Inn p32

## Retail

DSM p28

Haworth Wholefoods p6

Office Furniture Outlet p29

## Schools/Training/Tutoring

Keighley College p5

## Taxis

Bronte Taxis p11

Don't lose those precious moments!  
**VHS to DVD Conversion**



Photo slideshows  
 Audio tape to CD/MP3  
 DVD to MP4

**Tel: 07944 023 597**  
 email: jlorrimer@cloud.com

Would you like to advertise your products or services in this magazine? Contact Jo or Liz 01535 642227  
 mail@worthvalleymag.co.uk

Like. Follow. Share.

To advertise call us on 01535 642227

Here's a great way  
 to make more  
 storage space...

Install a loft ladder  
 and make more use  
 of your loft!

Loft ladder, Light & Switch plus 50 sqft of  
 flooring from as little as £277 +VAT which  
 includes FREE fitting in less than a day.

Our customers choose us to fit their loft ladders,  
 because we offer:

- A FREE home visit
- Fully guaranteed
- A FREE written quotation
- A large selection of ladders

Call now! Freephone 0800 612 8359  
 www.yorkshireloftladders.co.uk



YORKSHIRE  
 LOFT LADDERS

## Yorkshire Loft Ladders, Quality You Can Trust

These days most homeowners suffer from a lack of storage space. So many precious items that need to be kept - but where to store it all? That's where Yorkshire Loft Ladders come in. The company, based locally, offers homeowners the opportunity to maximise their storage space with a loft ladder, 50 sq ft of boarding and a light all fully fitted in less than a day from just £277 + VAT. But it's not just the affordability of the package the company offers that makes Yorkshire Loft Ladders stand out as manager Mark Hodson explains: 'Our watchwords are Quality, Integrity and Value. Quality in the materials that we use for all our installations and the fact that all our loft packages are fitted by time served tradesman so our customers are assured of the best job. Integrity in that we will turn up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge

amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

At the end of the day the old adage that happy customers lead to more happy customers is true and we work hard to make that happen for every installation we carry out!

So, if you want to make use of your loft space, however big or small, call Warren on 0800 612 8359 and he'll be happy to pop round and give you a no obligation quote so you too can make use of your loft.



Say you saw it in the Worth Valley Mag!



— PECKET WELL —  
**Robin Hood Inn**  
 EAT DRINK STAY



**OFFER**  
 Two main meals for £17  
 Monday - Friday 12-3 pm

Always the warmest welcome -  
 real ale and great pub food served  
 12-9 everyday  
 Large car Park, Stunning views  
 En suite bedrooms



The Robin Hood Inn, Keighley Road, Pecket Well, Hebden Bridge HX7 8QR  
 (You can find us on the Keighley Road heading towards Hebden Bridge)

[robinhoodinnhebden.co.uk](http://robinhoodinnhebden.co.uk) • 01422 842593



Complimentary  
 design  
 consultation

**QUALITY KITCHENS, BEDROOMS AND BATHROOMS**

Showrooms Open: Mon - Thurs 8:30am - 5:30pm

Fri 8:30am - 12 noon

Sat 9:00am - 12 noon

We will beat any  
 genuine quote



Fully fitted or  
 supply only

**Queensbury Kitchens**

Trading since 1992

18A Black Dyke Mills, Brighouse Rd, Queensbury, BD13 1QA • 01274 882349 • [info@queensburykitchens.com](mailto:info@queensburykitchens.com)

Cover photo by John Sargent @jackharrybill

To advertise call us on 01535 642227