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COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Dec 23/ Jan 24

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Say you saw it in the Worth Valley Mag!

LIGHTS, LAUGHTER, AND LOCAL LIVING:
CELEBRATE THE SEASON WITH US

Dear Worth Valley Mag readers,



Liz Barker, Editor

As the editor of this magazine, I extend warm seasonal wishes to you in this combined December and January edition.

With over 17 years of history, Worth Valley Mag has been a constant companion in the lives of local residents. Having lived in this beautiful area for over thirty years, raising a family and actively participating in local life, I've witnessed the growth, resilience, and unity that define us. We've been through a lot together!

In an era dominated by digital noise and virtual connections, our magazine stands tall as a beacon of authenticity and trust. We're more than just pages filled with advertisements; we reflect the heartbeat of the Worth Valley and the individuals who contribute to our community. As we navigate the ever changing modern landscape, it's crucial to recognize the profound impact of local businesses, tradespeople, independent retailers, and community organisations; over one hundred and twenty entities are represented in these pages. Join me and extend your support to the local butchers, bakers, and artisans who make the Worth Valley truly unique.

May I be so bold as to address the elephant in the room – the potential drawbacks of excessive screen time. The constant scroll, the lure of algorithms, and the impact on mental health are real concerns. We can all benefit from switching off, stepping outside, and enjoying tangible, real-time experiences, including getting out and about, meeting face to face.

As we bid farewell to the old year and welcome the new, let's embrace the hope and promise 2024 brings. Our goal is to cultivate a warm-hearted spirit, one that values genuine connections over digital substitutes. Use the magazine as a portal to discover local events, and immerse yourself in the rich, quirky and fabulous world that is, the Worth Valley.

May this season bring you joy, warmth, and peace, and may the coming year be filled with hope, good health and prosperity for us all. Happy Christmas!

Warm regards from the whole team at Worth Valley Mag.

Philippa Wright
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Clare Taylor
Indoor & outdoor counselling for adults

Therapy sessions can take place in one of my therapy rooms which are located in Keighley, Oxenhope, and Hebden Bridge, or for outdoor therapy the possibilities are endless.

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Rebecca Haley

Discover *serenity* at **Slade Barn Retreat**, founded by Rebecca Haley, former owner of Haworth's Body Beautiful. After a hiatus dedicated to family, Rebecca returns to offer a haven of *holistic* and therapeutic treatments in this beautiful *peaceful* location. Nestled in a picturesque setting, every visit to Slade Barn is a personalized escape, blending *tranquility* with bespoke experiences.

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Gift vouchers are available, perfect for treating yourself or a loved one to a well deserved *pampering* session. The art of self-care and revitalization awaits; connect with Rebecca at Slade Barn Retreat today and reserve your space for *calm*.



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Say you saw it in the Worth Valley Mag!



SPAR Haworth ready to support community this Christmas

Christmas preparation is building at SPAR Haworth with a range of offers and essentials lined up to support the community this festive period.

Owned and serviced by James Hall & Co. Ltd, a fifth-generation family run business, this year will be SPAR Haworth's 25th Christmas having first opened its doors to the community in June 1999. Being a family business, James Hall & Co. Ltd knows how important Christmas is to its customers. With 25 local people employed at SPAR Haworth, it feels like a family in-store too, with the team ready to welcome in customers with a friendly smile and helpful approach.

This festive season, SPAR has launched a series of **Big Deals of Christmas**, delivering great value. Deals to come before Christmas include big bags of **Doritos**, while the popular **SPAR Perlezza Prosecco** is also included in the upcoming promotion prior to 25th December arriving.

The Christmas essentials will be covered at SPAR Haworth too, with the store stocked up with everything from gift bags to wrapping paper, crackers to napkins, and batteries to stamps ahead of the big day.

This Christmas comes just over two years after the SPAR in Station Road reopened in 2021 following a full six-week refurbishment to deliver a better offer for local residents.

SPAR has been enhancing its support for the Haworth community ever since. During the refit in 2021, a **Graham Eyes** butchery counter was added to the store, and this has been a huge success with its range of fresh meats.

Other facilities added at the time included an improved **Food To Go** offering, alongside SPAR's great value and great tasting **Cheeky Coffee** brand.

More recently, the store team at SPAR Haworth has been supporting Haworth Primary School and Nursery under SPAR's Nurturing Our Neighbourhoods brand pillar. This includes Years 5 and 6 at the school having the opportunity to taste a range of breads donated by SPAR Haworth in their food technology lesson with findings and preferences being used to adapt a recipe.

Fiona Drummond, Company Stores Director at James Hall & Co. Ltd, said: "Our SPAR in picturesque Haworth has progressed fantastically well since we refurbished it. The store team has also grown with it, developing stronger community links, and placing themselves at the heart of the community to support Haworth life."

"With Christmas just around the corner, you will be sure to find what you need at SPAR Haworth, and from everyone at James Hall & Co. Ltd and SPAR Haworth, we wish you a Merry Christmas and a Happy New Year."

For more information about James Hall & Co. Ltd, visit www.jameshall.co.uk.

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7	9							
		6				8		4
				5	3	7	6	
8			9	3			1	
	4			5	6			9
1	2	8	7					
5		7				1		
						2		7

			6			2		9
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4	3							
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1		4			6			

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	1						7	6
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		1		9		4		
9	5	4					1	
			8					2
				4				8
		9	5					3



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Ho ho ho! Yes, it's finally acceptable to wish you all the best for the festive season. Well, I'm not actually sure that's strictly true, but the grandchildren are getting close to fever pitch as the string of Christmas TV ads get released, and the shops are full of tinsel and other seasonal goodies. It's also time for the period of having special treats in the kitchen cupboard that are not for consumption until the big day... the other big thing is that the Elf Express season is here, so we've had our first groups of festive revellers enjoying meeting Santa with his Pixies and Elves on our Christmas special trains. They are all pretty much sold out, but you can check the website for any cancellations that result in late availability. However, the festive fun continues on board until New Year's Day because we run our 'Mince Pie Specials' from Boxing Day right through to New Year's Day, when you can enjoy all the decorated carriages and stations, and a complimentary Mince Pie. Full details are on the website.

After the last train departs Keighley on 1st January, we will be closing the line to passenger trains between Keighley and Ingrow as we hand the site over to Network Rail, who are undertaking significant refurbishment work across the station. During the period of our part of the station being closed, we will be running trains between Ingrow and Oxenhope and providing a shuttle 'bus service from Keighley. Do check the National Rail website for full details, but there are currently no plans for the work to affect the main line between Leeds and Skipton.

~ **Matt Stroh**

Keighley & Worth Valley Railway Chairman

Once we get access to Keighley back at the start of March, we will be looking forward to our Spring Steam Gala, when we welcome visiting steam locomotives and run a variety of special services. The Spring Gala is from 21st-24th March, and details of visiting locations and the timetable will be available on the events page on the Railway's website.

As well as the usual programme of events, 2024 sees us undertaking our largest ever civil engineering project as we replace 'Bridge 27', which crosses the Bridgehouse Beck just outside Haworth Yard. We are very grateful for a grant from the government's Community Ownership Fund, which helps us ensure that we continue with our routine - but increasingly expensive - programme of maintenance and overhaul. As well beyond 2024, I'm very excited to be able to report that we have been aware of a further Levelling Up grant, which will help us secure the Railway for generations to come as it means we can provide undercover accommodation and servicing facilities for our heritage diesel fleet.

Thank you all for your support and patronage this year. It's been challenging as we are still catching up on the work that had to be deferred due to the periods of lockdown, but seeing the happy, smiling faces of our passengers makes the hard work worthwhile.

DATES FOR YOUR DIARY

Upcoming events at The Keighley & Worth Valley Railway.

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COMMUNITY PAGES



Every first Monday of a month 1.30 - 3.30pm The Welcome Drop-In at Oakworth Methodist Church Share refreshments and chat. Supported by Carers' Resource and Dementia Friendly Keighley.

1st Tuesday of the month 1.30pm Mothers' Union at Christ Church Oakworth. The Oakworth branch are a part of the worldwide charitable organisation of 4 million members in 83 countries. Meeting together for seasonally themed short services, speakers, support and chat. Contact branch leader Sharon on 07521 318983.

Every Tuesday 7 - 9pm Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

Every Tuesday 1-3pm Coffee Afternoon at Hall Green Chapel, Haworth (downstairs)

Free refreshments and friendly chat. Hall Green BookPoint (excluding November 14th). Each last Tuesday of the month 2pm Living With Loss Social Group at Christ Church Oakworth. Supportive chat informally over a cuppa with others who are walking the difficult path of life without a loved one.



Every Weds 1 - 2.30pm Ladies Dance Exercise at the Civic Centre, Keighley. Meet friends, socialise & keep fit.
Every 3rd Wednesday 7.30pm of the month **Oxenhope Climate Action** meet at the Bay Horse Pub Oxenhope New Members always welcome. Further

info www.oxenhopeclimateaction.org.uk
Each Wednesday 10.30am - 11.30am Coffee Morning at Christ Church Oakworth. All welcome to come along for chat and a cuppa and biscuits.

Every Wednesday Haworth Senior Citizens Group. 2 pm - 3.30pm at West Lane Baptist Chapel, Haworth. New Members Welcome. Call Doreen 01535 648928



Every Wednesday 2 - 4pm Oxenhope Community Cafe & Welcoming Space,

Oxenhope Methodist Church, 1 West Dr, Oxenhope, Keighley BD22 9LJ

Every Thursday Tech Shed free drop in 5 pm - 7pm at Haworth Village Hall.

Every Thursday 1pm - 3pm

The Shed Oakworth Village Hall. New members welcome. Learn, practice or share your skills. Call Carol Grice 07758 710945

Every Thursday from 1.30pm Time For Me Bereavement Support Group meet at The Three Horses, Fell Lane, Keighley, BD22 6BZ. A mutual support group for those who have lost someone dear, recently or a long time ago. Further info contact helen.timeforme@gmail.com

Every Friday 2 - 4pm Haworth Ladies Badminton Group at Haworth Village Hall. New members welcome.

Every Saturday 1-3pm Hall Green BookPoint open. at Hall Green Chapel Haworth (downstairs). Free refreshments.

Keighley 3rd Age Group Meet at Action Point (formerly Temple Row Centre) at 10am. Free Refreshments. Further details contact the Chairman David Boddy 07976799527

email: d.r.boddy@btinternet.com

Sun 3rd Dec Haworth Rotary

Santa Fun Run Central Park 11 am

Sun 3rd Dec Christmas Fayre 11 am - 4pm at Ponden Mills, Stanbury.

Thurs 7th & 21st Dec Late Night Shopping in Haworth until 8pm

Sat 16th Dec Keighley & Worth Valley Railway Carol Service Train.

Fri 8th Dec Haworth Cinema Openheimer (15) 7.30pm West Lane Baptist Centre.

Sat 9th & Sun 10th Dec Torchlight Procession on Haworth Main Street. Christmas Artisan Markets on both days.

Mon 11th Dec 6.30pm. Friends of Holden Park,

Oakworth together with Haworth Ukulele group welcome you to a Christmas Sing Song in Holden Park. There will be a drink along with a slice of something and a slice of something tasty, mince pies. Don't forget to wrap up warm, and bring your torch!"

Mon Dec 11 Oxnop Singers will be at the **Bay Horse, Oxenhope, at 7.30 pm, then on Dec 17** they will be singing on the church steps at the top of **Main Street, Haworth, at 1.45 pm,** followed by a second stint inside Haworth Parish Church at **3.00 pm.** Everyone is welcome; the audience can even join in!

Sat 16th & Sun 17th Festive Music in Haworth along with Artisan Markets both days.

Sun 17th Dec "Christmas is coming" 7.5 miles, moderate. Meet 10.30, Ball Grove Nature Reserve, Lakeside cafe car park off A6068.

www.ramblers.org.uk/keighley



Fri 22nd Dec Haworth Cinema Last Christmas (12) 7.30pm West Lane Baptist Centre

Sat 23rd & Sun 24 Dec 1pm

Haworth's Nativity Parade on the Main Street. There will be music and carols along the Street all weekend.

Tues 26th Dec Mince Pie Specials on the Keighley & Worth Valley Railway.

Thurs 28th Dec Train rides for all the family. Miniature trains running at Marley sports field approx. 12 noon until approx. 3:30 pm. Steam and electric trains providing trips for all ages. Great family afternoon out. Refreshments available.



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Sharing Platters with a Mutabal Dip

Martin Lingard

If you have quite a few guests over for a festive gathering, you may struggle to think of a starter that everyone likes. I solve this by putting together sharing platters that people can graze on before the big meal, helping themselves to as little or as much as they like. This way, I can cater for vegans, vegetarians, pescatarians, carnivores, allergies and faddy so and so's!

I like to support local independent traders so tend to buy ingredients from businesses such as Haworth Wholefoods and Pavé on Haworth Main Street.

The trick is to serve a selection of meat, cheese, preserved fish and vegetables like peppers, artichokes, olives and capers that will provide a mix of flavours, colours and textures, plus dips, fresh fruit and vegetables and flatbreads, crackers or breadsticks. The selection I offer here includes Manchego, Comte, Kirkhams Lancashire, a small crottin goats' cheese, sliced mortadella, prosciutto, coppa and salami plus some caper berries; all from Pavé. Personally, I avoid runny, smelly, or blue cheeses as a starter, saving those for after dinner!

I supplemented this with tinned baby octopus, anchovies and smoked sardines preserved in olive oil (admittedly not to everyone's taste but I like them), a tin of Perello brand Gordal olives, some jars of artichokes and peppers preserved in oil and my favourite rosemary torta biscuits, all from Haworth Wholefoods.

You can supplement this spread with carrot sticks,

grapes, radishes, celery sticks and rocket leaves. I always provide dips too, such as hummus, baba ghanoush or taramasalata which can all be bought pre made from most supermarkets. I made a simple Mutabal dip, which is similar to baba ghanoush, but with tahini added; here is the recipe:

Ingredients

- 1 large or 2 medium aubergines
- 2 tablespoons of tahini
- 1 medium to small red onion, finely chopped
- 1 tablespoon of lemon juice
- 4 fat cloves of garlic, finely chopped
- 2 tablespoons of Greek yoghurt
- 2 tablespoons of extra virgin olive oil
- 1 teaspoon of sea salt flakes

Method

Preheat your oven to 200C, when up to temperature, pierce the skin of your aubergine(s) with a small sharp knife several times, place on a baking tray and stick in the oven for 45 minutes or so, until the aubergines are very soft when pierced with a knife or skewer. The skin should be darkened and burnt in places. Remove from the oven and set aside to cool.

When cool enough to handle safely, slice off the stalk end, peel the skin and bin it, then place the remaining softened flesh into a large bowl. Chuck all your other ingredients into the bowl. Use a hand blender to process until it has a smooth, creamy consistency, transfer into a serving bowl and pour over a little more olive oil and serve. *Happy Christmas everyone! ~ Martin*

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Churches Together in the Worth Valley Advent and Christmas Services 2023

Most of our services have refreshments before or after as well, so do stick around to enjoy some festive cheer! God bless you this Christmas time and always.

Cross Roads cum Lees

Lees Methodist Church - Haworth Road, Cross Roads, BD22 9DL

Sunday 17th Dec. 4.00pm - Carol Service

Sunday 31st Dec. 10.30am - United Methodist Service

St James's, Cross Road - Albion Street, Cross Roads, BD22 9EB

Tuesday 19th Dec. 6:30pm - Carols around the tree (opposite the church building)

Sunday 24th Dec. 9:30am - Christingle Carols

Monday 25th Dec. 9:30am - Christmas morning Communion

Haworth

Our Lady of Lourdes - Ebor Lane, Haworth, BD22 8HR

Sunday 24th Dec. 11.30pm - Carol Service & Midnight Mass @ 12pm

Monday 25th Dec. 10.30am - Mass

St Michael and All Angels - Church Street, Haworth, BD22 8DR

Sunday 10th Dec. 6:00pm - Carols by Candlelight (at the end of the Torchlit Procession)

Sunday 17th Dec. 4:30pm - Carols by Candlelight

Sunday 24th Dec. 11am - Christingle Carols

Sunday 24th Dec. 11:30pm - Midnight Communion

Monday 25th Dec. 11am - Christmas morning Communion

West Lane Baptist - West Lane, Haworth, BD22 8EN

Sunday 10th Dec. 10.30am - Stocking Service

Sunday 17th Dec. 10.30am - Christingle Service

Sunday 24th Dec. 10.30am - Christmas Eve Nativity

Sunday 24th Dec. 4.00pm - Carol Service

Monday 25th Dec. 10.00am - Short Christmas Day Service

Newsholme

St. John's - Gill Lane, BD22 0QT

Sunday 17th Dec. 6:30pm - Christmas Carol Service

Monday 25th Dec. 9am - Sung Christmas Communion Celebration

Oakworth

Oakworth Methodist Church - Lidget, Keighley Road, Oakworth, BD22 7HN

Sunday 24th Dec. 9pm - Christmas Eve Communion (United Methodist Service)

Christ Church Oakworth - Colne Road, BD22 7PB

Sunday 10th Dec. 6:30pm - Christmas Carol Service

Saturday 16th Dec. 10am till 1pm - Christmas Crafts

Friday 22nd Dec. 6:30pm - Christingle

Sunday 24th Dec. 6:30pm - Christmas Eve Bedtime Prayers & Carols

Sunday 24th Dec. 11:30pm - Midnight Mass

Monday 25th Dec. 10.30am - Family Christmas Communion Celebration

Oxenhope

Oxenhope Methodist Church - top of West Lane, Oxenhope, BD22 9LJ

Sunday 10th Dec. 10am - Christingle

Sunday 24th Dec. 10.30am - United Methodist Service

Marsh Methodist Church -

Marsh Lane, Oxenhope, BD22 9RS

Sunday 17th Dec. 2pm - Carol Service

St Mary's Oxenhope -

Hebden Bridge Road, Oxenhope, BD22 9QJ

Tuesday 12th Dec. 7.30 pm - Worth Valley Young

Farmers Carol Service

Sunday 17th Dec. 6 pm - Carols by Candlelight

Sunday 24th Dec. 4 pm - Christingle

Sunday 24th Dec. 11.30 pm - Midnight Communion

Monday 25th Dec. 10 am - Christmas Day

Family Service

Stanbury

St Gabriel's - Main Street, Stanbury, BD22 0HB

Friday 15th Dec. 6pm - Stanbury Carols

Sunday 24th Dec. 5pm - Blessing the Crib

Monday 25th Dec. 9:30am - Christmas morning

Communion

Christmas is an exciting and hopeful time for many people, but can be a time when feelings of sadness, grief and loneliness rise up too. Our churches aim to be communities of love and welcome for all - holding space for all of these feelings and experiences.

If you would like to talk to or pray with someone

you can find contact details on

our church websites or

Facebook pages, or you

could call the Haworth,

Cross Roads &

Stanbury parish mobile

(Rev. Oli Preston):

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Denture Problems Look no further...



Who are we?

**Our Keighley
Denture Expert is
Matthew Varley
(Dip CDT RCS)**

Matthew Varley is the partner and Managing Director of My Denture

Clinics, here he works as a Clinical Dental Technician (Dip CDT RCS).

Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

How can we help you?

Technology has moved on massively over the last few years as far as dentures are concerned. The fact is, **you don't have to suffer badly designed or ill fitting dentures anymore.**

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He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

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Afraid to smile?*

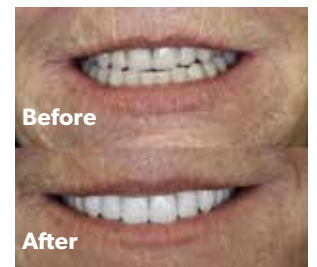


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CHRISTMAS
word search puzzle

I	P	C	I	R	F	B	E	L	L	M	F
S	K	C	X	G	A	R	L	A	N	D	I
T	X	S	K	U	Y	S	N	O	W	O	R
A	S	N	S	A	N	T	A	H	S	E	E
R	T	C	H	R	I	S	T	M	A	S	P
I	O	H	B	G	X	E	S	H	H	U	L
Z	C	G	C	R	O	T	G	D	O	D	A
E	K	P	J	C	H	I	R	S	L	K	C
V	I	D	F	G	E	A	D	J	L	T	E
E	N	O	I	L	C	I	L	J	Y	R	D
S	G	L	S	S	F	X	C	O	J	E	Y
E	L	F	M	W	R	E	A	T	H	E	B

Words may be horizontal, vertical and diagonal.

- | | | | |
|-----------|---------|--------|-----------|
| ELF | SNOW | HOLLY | CARD |
| STOCKING | GARLAND | BELL | CHRISTMAS |
| WREATH | EVE | LIGHTS | STAR |
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Where in the Worth Valley? COMPETITION

Where is the **red x** located in the photo to the right?

This month's prize is generously donated by The Keighley & Worth Valley Railway: (Day Rover Pass)

Email your answer along with your name & address to:

mail@worthvalleymag.co.uk

The winner will be selected from all correct answers received by the 15th January 2024



The location of last month's competition was Mrs Beighton's Sweet Shop, Haworth and the winner was Jo Dayman from Hainworth.

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Shoulder Pain and the Rotator Cuff

The shoulder joint, also known as the glenohumeral joint, is a joint prone to injury and pain. It is a ball and socket-type synovial joint and the most mobile joint in the human body. Unfortunately, this increased mobility results in poorer stability which makes this joint the most dislocated one!

The shoulder joint is one of the most complicated joints in the body and damage to this area can significantly affect your function and cause constant pain and distress. It comprises of the head of the humerus (the ball), the glenoid cavity of the shoulder girdle (the socket), a ring of cartilage called the labrum that helps to deepen the shallow socket and therefore increases the stability of the ball and socket, 30 different muscles, multiple ligaments and tendons, fluid-filled bursae and a network of nerves and blood vessels. The four rotator cuff muscles are the subscapularis, the supraspinatus, the infraspinatus and the teres minor. These four muscles arise from the scapula and insert via their tendon onto the head of the humerus.

The main function of the rotator cuff is to stabilise and centre the humeral head in the joint socket, the glenoid cavity. This action is known as concavity compression. A rotator cuff injury can cause a dull ache in the shoulder that worsens at night or when the arm is at rest. It may be difficult to get to sleep or you may wake up in pain if you roll onto your affected shoulder. There may also be difficulty, pain and weakness when raising, lowering or rotating your arm.

ROTATOR CUFF MUSCLE



Posterior view Anterior view

Rotator cuff injuries are common. They can occur after a traumatic event such as a shoulder dislocation or from years of repetitive movements which lead to 'wear and tear' of the tendons leading to inflammation and impingement. These 'wear and tear' injuries may occur earlier in people who have jobs that require repeatedly performing overhead actions, such as decorators and plasterers and in those who participate in sports such as swimming, tennis and weight lifting.

Rehabilitation of 'wear and tear' rotator cuff injuries will rarely involve surgery in the first instance. Shoulder rehabilitation exercises should begin in the early stages with mobility exercises, and progress to isometric or static strength exercises before dynamic exercises are introduced. The final stage of shoulder rehabilitation should involve functional or sports-specific exercises. Progress can be slow and patience is often required before a good outcome is achieved.

Recognise the signs that you have a rotator cuff injury and seek help from a medical professional if you are struggling to manage your pain or finding it difficult to function at work or with leisure activities.

~ David Hanson, Haworth Physio

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BEHIND THE SCENES AT THE MUSEUM

If you've visited the Brontë Parsonage Museum in recent weeks, you may have noticed some unusual activity taking place in the Exhibition Room. One of the larger items on display has undergone several weeks of restoration under the expert care of conservator David Everingham, and his colleague Alison Aynsworth (pictured). Visitors have been able to watch David and Alison in action as they carefully restore a large cupboard linked to 'Jane Eyre', known as the 'Apostles' Cupboard' owing to its housing 12 individual paintings of the Apostles, over the last few weeks. It's been great to have David and Alison on-site to answer visitors' questions, generously sharing insight on the paintings, the process and what exciting discoveries have been revealed.



David and Alison work with a method called 'unpacking' which involves carefully removing unwanted layers from a painting, revealing the original work unencumbered. The first layer to be removed typically comprises a thick coat of grime and dirt built up over time. This is removed using a water-based solution and sensitive cleaning tools. The second layer to be removed is a yellow varnish, which would have been applied long after the paintings, and the cupboard, were originally completed. This was presumably to protect the cupboard as an item of furniture, as opposed to the paintings themselves. The only way to remove the varnish is with a solvent which, David tells us, is the really nifty bit!

The conservators' knowledge of paints, solvents, and how they behave together, means they were able to remove this layer without damaging the paint beneath, and the results truly are astonishing. The process has revealed vivid colours and details in the panels that were previously hidden to the naked eye, such as lettering revealing the names of the Apostles depicted in the paintings. Work

is now underway to piece together the clues this work has revealed, hopefully bring to light more of the story behind this popular item. But what connects the cupboard with 'Jane Eyre'? Before it was acquired by the Museum, the cupboard belonged to Thomas Eyre of Hathersage in

Derbyshire. It is thought that Charlotte Brontë saw this cupboard when visiting Mr. Eyre in 1845, a year before writing the novel. Not only is there an obvious link in the 'Eyre' name, but Charlotte also graphically describes the cupboard in a scene in the novel, when Jane is attending to wounds inflicted on Richard Mason! If you find yourself with an hour to spare over the festive period, do come and see the cupboard in its renewed glory, perhaps with the image from 'Jane Eyre' in mind... *Local to the Museum? Residents living in BD20, BD21 and BD22 are eligible for a Local Resident admission rate of £7.50 with proof of address. Tickets are valid for 12 months after issue, meaning you can continue to return and enjoy the Museum as exhibits change throughout the year. bronte.org.uk*

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3	5	6	2	7	1	8	9	4
4	1	2	8	9	5	3	7	6
8	6	5	9	3	7	4	1	2
9	7	1	4	8	2	6	5	3
2	4	3	1	5	6	7	8	9
1	2	8	7	4	3	9	6	5
5	3	7	6	2	9	1	4	8
6	9	4	5	1	8	2	3	7

8	1	7	6	5	4	2	3	9
5	9	2	3	1	7	4	8	6
4	3	6	9	2	8	1	7	5
7	2	9	1	6	3	8	5	4
6	4	8	2	7	5	9	1	3
3	5	1	4	8	9	7	6	2
2	6	3	7	4	1	5	9	8
9	7	5	8	3	2	6	4	1
1	8	4	5	9	6	3	2	7

7	6	9	5	3	1	4	2	8
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2	6	1	7	9	5	4	8	3
9	7	5	4	8	3	2	1	6
7	1	4	8	3	9	5	6	2
5	3	6	2	4	1	9	7	8
8	2	9	5	6	7	1	3	4

'Tis the weeks before Christmas... that **Oxnop Singers** will be in full voice across the Worth Valley, performing carol concerts that include the premiere of a brand new carol, *What Child Is This*, by Rosemary Pettitt, the Singers' pianist. Rosemary, a former professional musician who taught music at Menston St. Mary's, wrote the carol for the church choir at St. Mary's in Oxenhope, where she plays the organ. Oxnop Singers musical director Helen McClorry asked if the Singers could perform Rosemary's carol in their Christmas concerts, and Rosemary readily agreed. Please come along to hear: Oxnop Singers will be performing at the **Bay Horse, Oxenhope, on Monday, December 11, at 7.30 pm**, and on **Sunday December 17 on Haworth Church steps at 1.45 pm**, followed by a second set within **Haworth Parish Church at 3.00 pm**. All are welcome, and audiences are invited to join in!

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WEEKDAY UPHOLSTERY CLASSES:
Wed, Thur or Fri morning 10.30am-2pm and Wed evening 6.30-9pm. Bring your own project. Tuition fees are £10 per hour, bookable in blocks of 6 classes. Start dates Jan 3rd, 4th, and 5th and throughout the year.

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Small group workshops.

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Tutor Kate Ryan. Sat 27th January. Learn to competently use your own sewing machine and make your first project.

IMPROVERS SEWING: Sat. 23rd March. Bring your own project to work on. The day is broken into 2 sessions. 10am-1pm and 1.30-4.30. £45 for a half day and £95 for a full day, which includes lunch.

SATURDAY UPHOLSTERY CLASSES:
Tutor Pauline Keenoy. 13th Jan and 16th March. 10am - 1pm and 1.30-4.30pm. £45 for half day session, £95 for a full day; includes lunch from Millstack café. Bring your own project to work on. Some materials included and all equipment provided.

WATERCOLOUR PAINTING WORKSHOP:
Tutor Bill Parker. Sat 10th Feb and 2nd March. 10am-1pm. £45, including materials and refreshments.

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Sue Ryder is looking for hands on support for their Treecycling scheme

The healthcare charity, which operates Sue Ryder Manorlands Hospice in Oxenhope, wants people to keep spreading the festive cheer into the New Year by supporting its Treecycle initiative, which will help raise money so that the charity can continue to provide their expert and compassionate care.

The scheme relies heavily on its incredible volunteers, and it's not too late to get involved this year.

Andrew Wood, Community Fundraising Manager from the Sue Ryder Manorlands Hospice, said: "We are still on the lookout for volunteers to help us with this year's Treecycle. In particular we are looking for people who have experience driving large vans and runners who have a reasonable level of fitness."

"We're hoping this year even more local residents opt to utilise the service. The trees collected across the Yorkshire region will either be chipped and used to create renewable energy fuel for biomass burners, disposed of via a recycling centre or used for habitat restoration to support nature."

As part of Treecycle Airdale, Wharfedale and The Dales residents who live in BD13, BD14, BD15, BD16, BD17, BD18, BD20, **BD21, BD22, BD23**, BD24, LS29, HX2, HX3 and HX7 postcodes can have their trees collected between Saturday 6 January and Monday 15 January 2024.

Find out more about Christmas Treecycling in your area and book a collection by Friday 5 January 2024 at sue Ryder.org/dalestrees

To sign up to volunteer this year contact the fundraising team at Sue Ryder Manorlands Hospice on 01535 640430 or email: manorlands.fundraising@sue Ryder.org



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